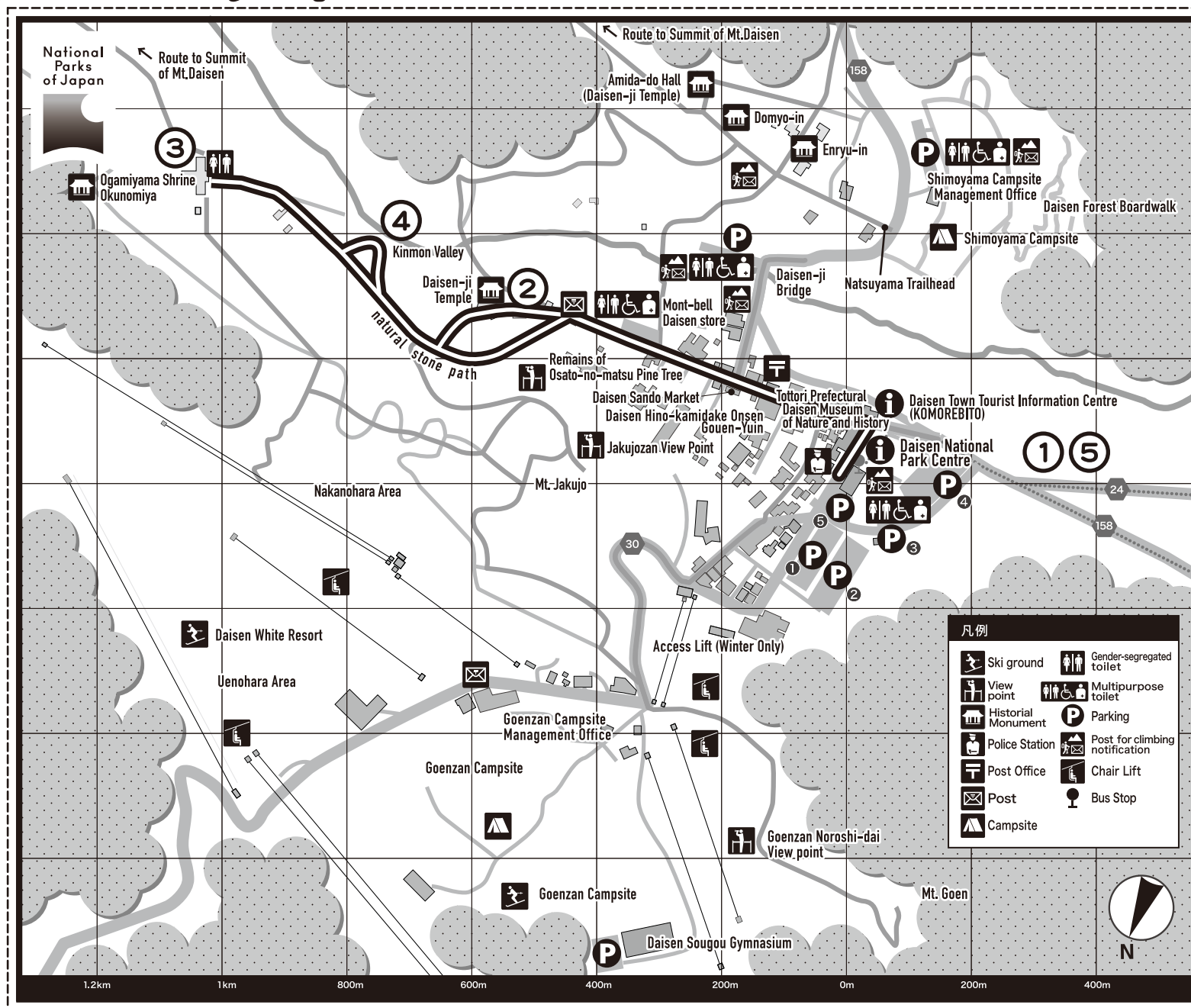


Daisen-Oki National Park

Ogamiyama Shrine Okunomiya -Daisen-ji Temple Course

Daisen Walking Course Map

Japan's longest natural stone path leads to Ogamiyama Shrine. You can feel the romance of history on this course, starting with the 1,300 year old Daisen-ji Temple.



- ① Daisen National Park Centre
- ② 1,300 years of history Daisen-ji Temple
- ③ Ogamiyama Shrine Okunomiya



- ④ From here the north wall of Mt. Daisen is superb! Kinmon Valley
- ⑤ Daisen National Park Centre

GOAL!

Daisen National Park Centre
40-33 Daisen, Daisen town, Saihaku country,
Tottori Prefecture 689-3318
Natural Parks Foundation, Tottori Branch, Mt. Daisen Project Area
Tel: 0859-52-2165

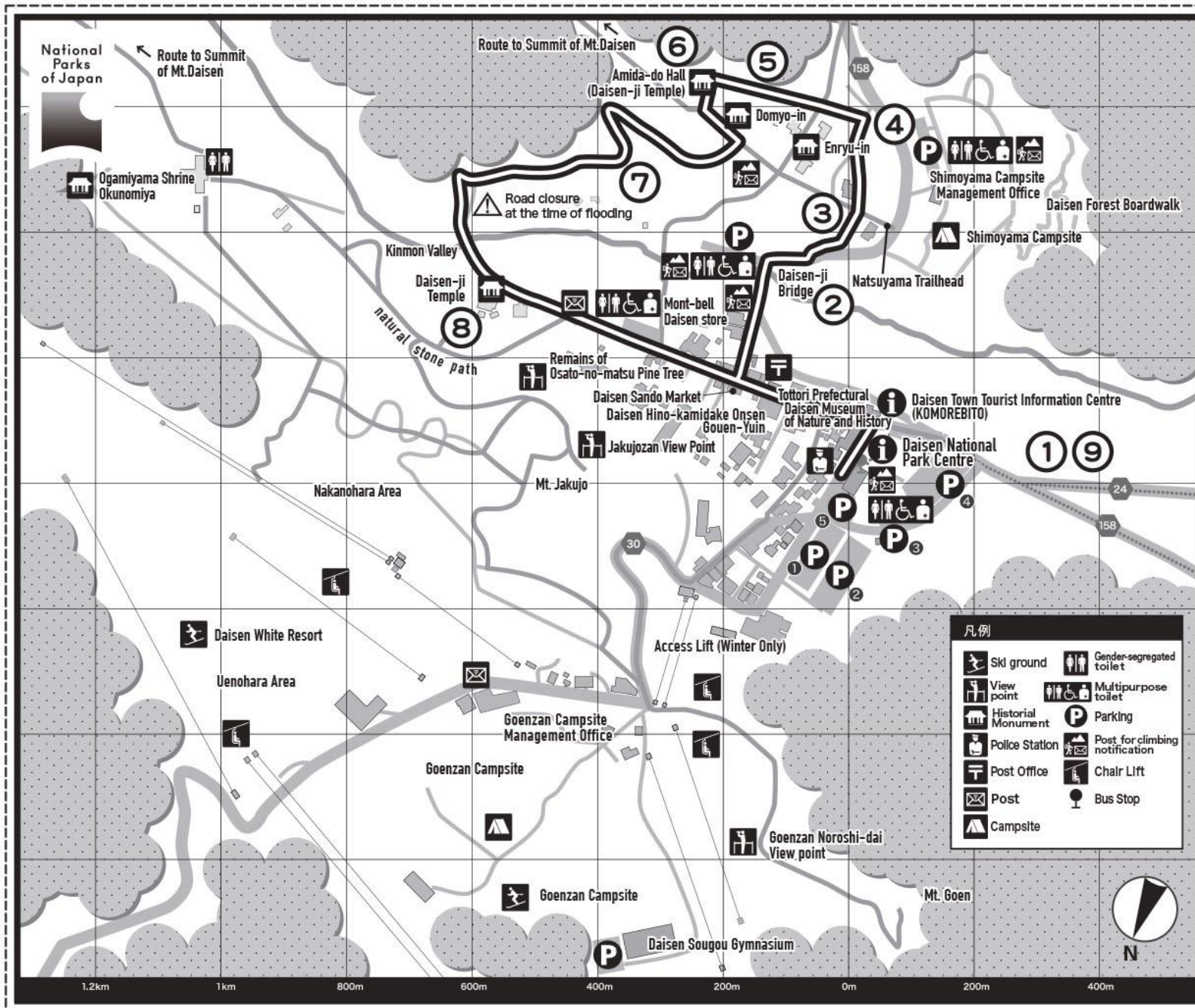
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Amida-do Hall Course

Daisen Walking Course Map

This course centres on the national important cultural property Amida-do Hall (Daisen-ji Temple). While communing with nature, the course leads to cultural assets and ancient remains with 1,300 years of history. Another attraction is the chance to meet a variety of wild birds.



- ① Daisen National Park Centre
 - ② Daisen-ji Bridge
 - ③ Renjo-in Temple Remains
 - ④ Enryu-in Temple
 - ⑤ The techniques of artisans of long ago gleam Stone Steps Sloping to the Right
 - ⑥ National important cultural property Amida-do Hall
 - ⑦ Warrior Monk Path
 - ⑧ 1300 years of history Daisen-ji Temple
 - ⑨ Daisen National Park Centre
- GOAL!**

Daisen National Park Centre
 40-33 Daisen, Daisen town, Saihaku country,
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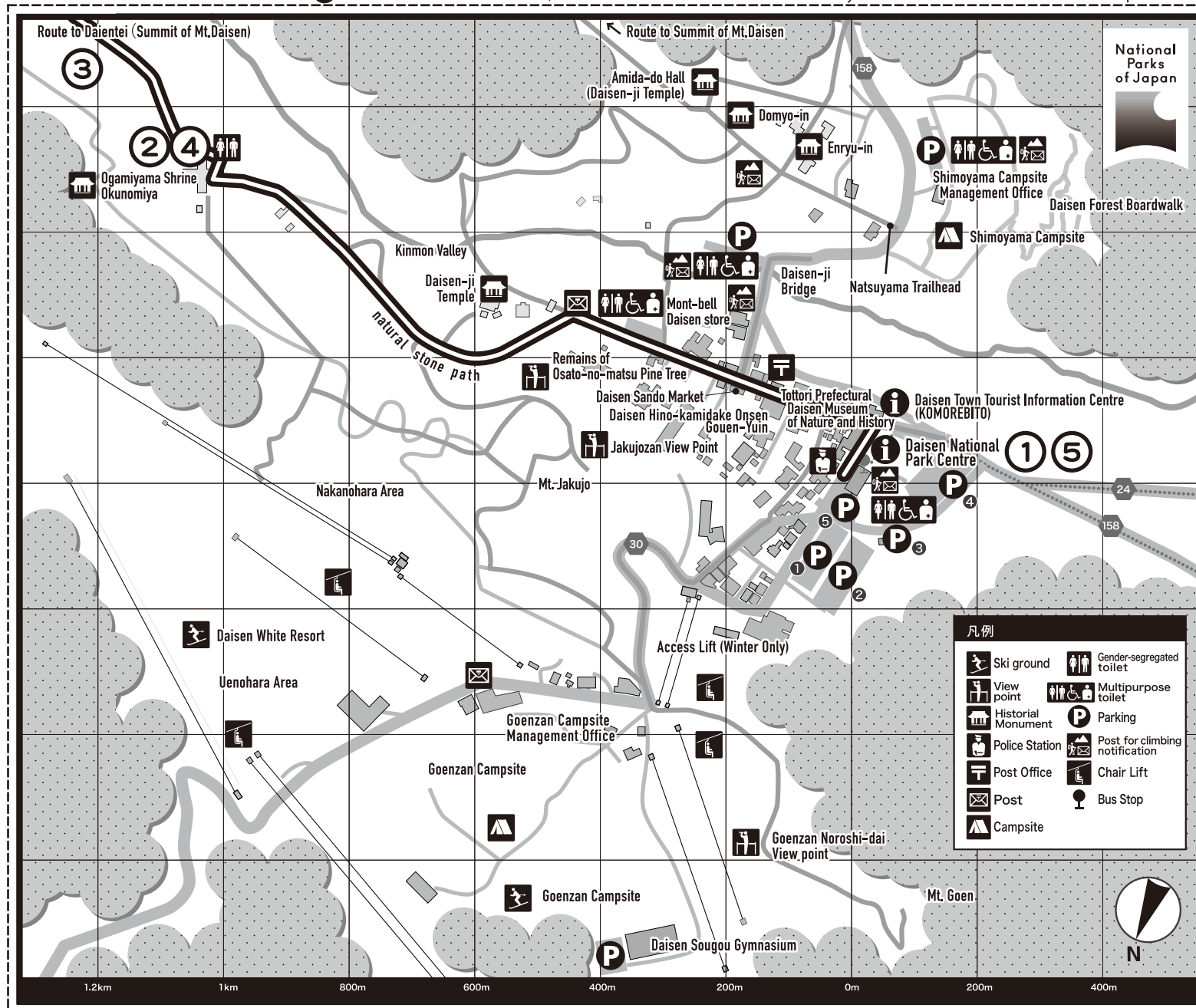
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Daisen-Oki National Park

Daisen Motodani Valley Walking Course

Daisen Walking Course Map

Walk up from the rear of Ogamiyama Shrine Okunomiya along the climbing path for religious ascetics through the woods to reach the Daientei dam. A magnificent view from the dam of Obyobu Rock and Kobyobu Rock on the west wall of Mt. Daisen, the rocks on Mt. Bessan, and more. When the weather is fine you can look down on the Sea of Japan.



Walking Course 3
About 5 km
About 2 hr



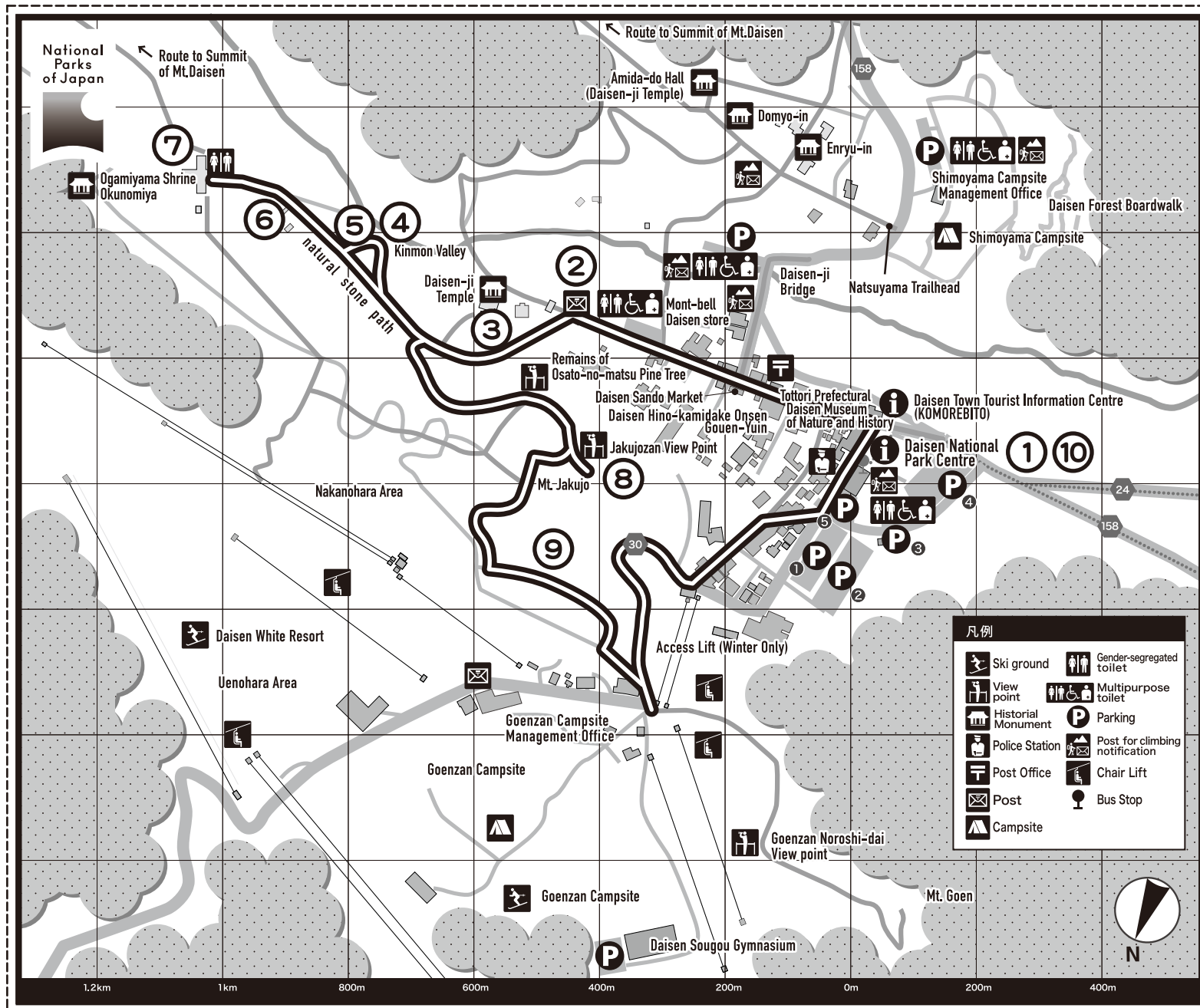
- 1 Daisen National Park Centre
- 2 Ogamiyama Shrine Okunomiya
- 3 Superb view of the north wall of Mt. Daisen Daientei dam
- 4 Ogamiyama Shrine Okunomiya
- 5 Daisen National Park Centre



Daisen National Park Centre
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Walking Course 4
About **5 km**
About **2 hr 30 min**

START

- ⑩ Daisen National Park Centre**

GOAL!

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Natural Parks Foundation, Tottori Branch, Mt. Daisen Project Area
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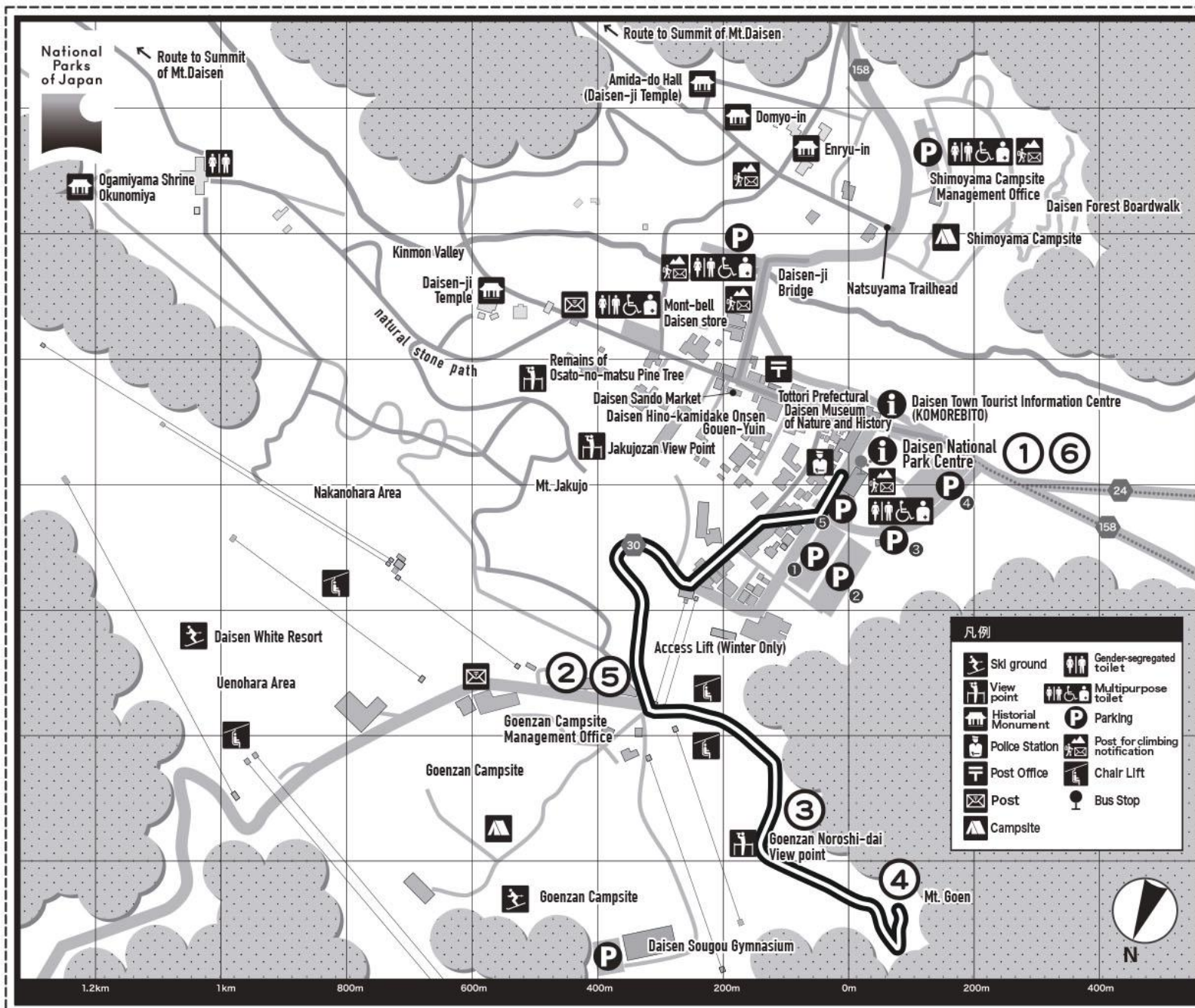
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Mt. Goen Course

Daisen Walking Course Map

The north wall from the summit of Mt. Goen is magnificent, and when the weather is fine you can see the Sea of Japan. The name Mt. Goen comes from the monk Goen who was active at Daisen-ji Temple, and Goen Jizo is worshipped at the summit.



Walking Course **5**
About 4 km
About 2 hr



- ① Daisen National Park Centre
- ② You can also go by car
Nakanohara Ginrei Hotel
- ③ Easy to enjoy the view of
the north wall of Mt. Daisen!
Mt. Goen Noroshidai Viewpoint
- ④ Elevation 892 m
Mt. Goen Summit
- ⑤ Nakanohara Ginrei Hotel
- ⑥ Daisen National Park Centre

GOAL!

Daisen National Park Centre
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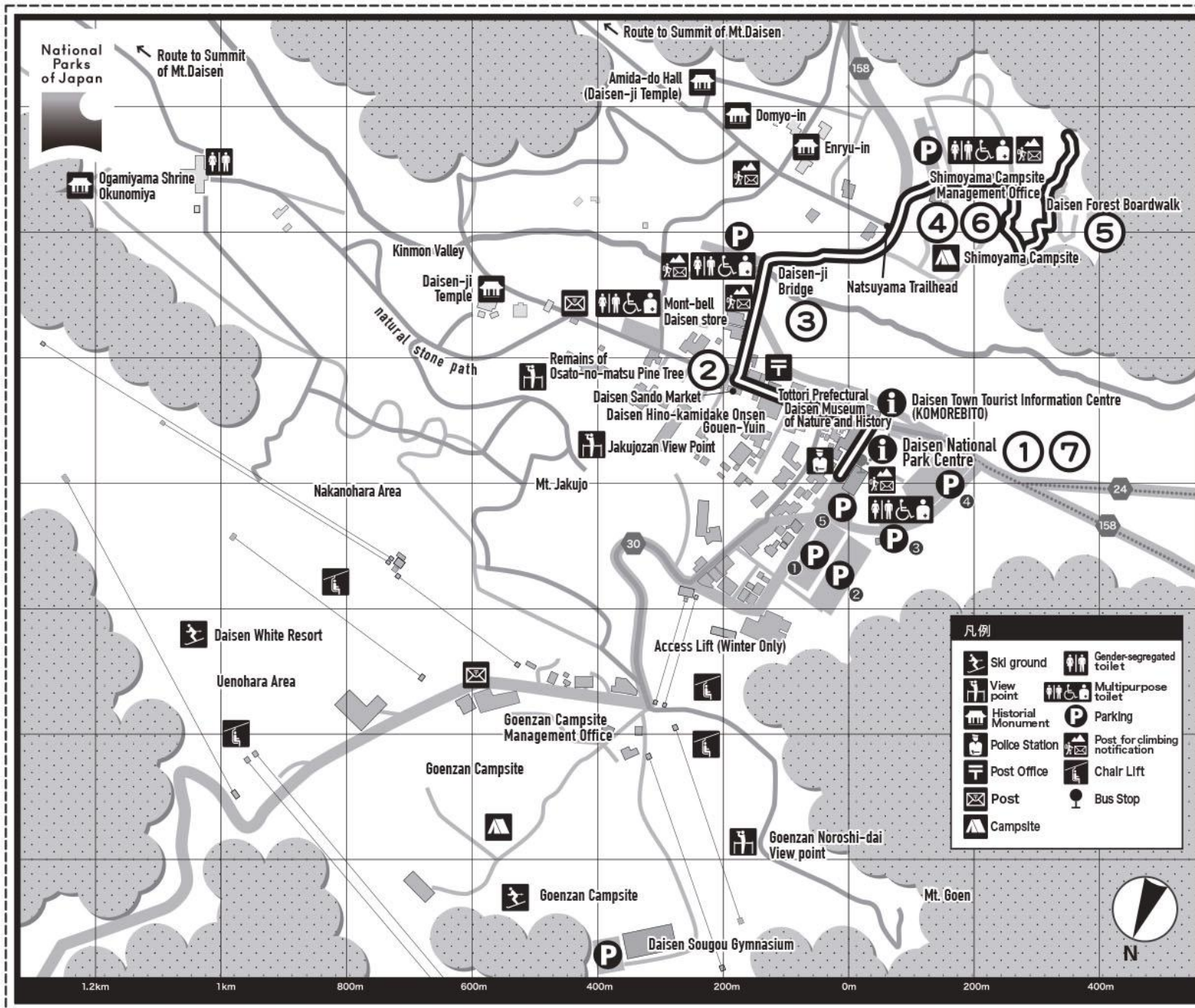
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Daisen Forest Boardwalk Course

Daisen Walking Course Map

Listen to the calling birds while walking through the forest of beech and Mongolian oak. The Daisen Forest Boardwalk is cleverly designed to bring you close to nature. We recommend downloading the Daisen Nature Field Guide app for your walk.



Walking Course **6**
About **2.5 km**
About **1 hr 30 min**



- ① Daisen National Park Centre
 - ② Daisen Sando Market
 - ③ Daisen-ji Bridge
 - ④ You can also go by car Shimoyama Campsite
 - ⑤ Enjoy nature with all your senses! Daisen Forest Boardwalk
 - ⑥ Campsite in the forest! Shimoyama Campsite
 - ⑦ Daisen National Park Centre
- GOAL!**

Daisen National Park Centre
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