



Connected to Nature Connected to the Future

Sanriku Fukko National Park

Sanriku Fukko National Park is the first national park of its kind in Japan. It was founded with the aim of restoring the Sanriku region, which was struck by the Great East Japan Earthquake.

It conveys the natural environment and local lifestyles cultivated by the forests, towns, rivers, and sea, the memories of the earthquake and the importance of disaster prevention, and connects to the future.

The Jodogahama Visitor Center is located almost in the center of the national park. It is a central facility that shares information on the national park and walking spots nearby. Be sure to drop by before taking a walk through the National Park.



Access



By Public Transport

- JR Yamada Line and Sanriku Railway Rias Line from Miyako Station, around 17 minutes from bus stop 3 for the Iwate Kenpoku Bus

Miyako Sta.

Iwate Kenpoku Bus
17min

Jodogahama
Visitor Center

By car

- Tohoku Expressway from Morioka-minami IC, around 90 minutes on National Route 106
- Sanriku Coast Expressway Around 15 minutes from Miyako-kita IC

Tohoku Expressway
Morioka-minami IC

National Route 106
Approx. 90min

Jodogahama
Visitor Center

Sanriku Coast Expressway
Miyako-kita IC

Approx. 15min

Usage Guide

Hours 9:00 a.m.- 5:00 p.m.
Free entrance, wheelchair rental, parking lot for disabled people with 2 slots

Closed Dec.29 - Jan.3

Jodogahama Visitor Center

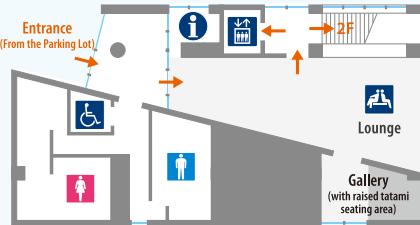
027-0001 32-69 Hitachihamacho, Miyako, IWATE
Tel 0193-65-1690 Fax 0193-65-1691
<https://jodogahama-vc.jp>



Jodogahama Visitor Center Facility Guide



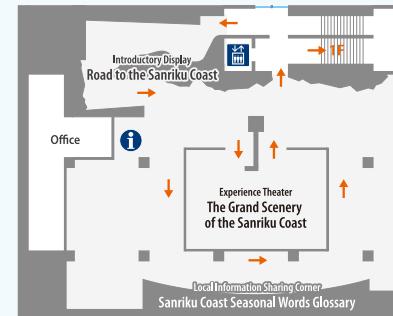
3F Information & Lounge



The lounge shares information on the Sanriku Fukko National Park, the Jodogahama area, and the Michinoku Coastal Trail. While taking a break here, you can read books and magazines.

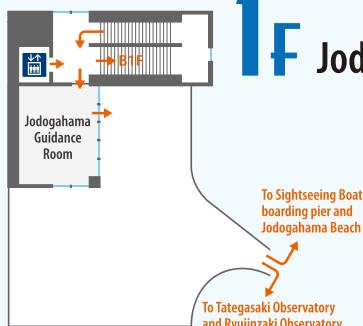
2F Sanriku Coast Guide

This guide introduces the natural connections from the inland to the coastal strip, as well as information on local cultures and people's lives. You can learn about the Sanriku Fukko National Park through pictures and videos.



1F Jodogahama Guide

Visitor support staff with detailed knowledge on Jodogahama, including living things and highlights in the Jodogahama area, share information on recommendations.



Points to Enjoy About Jodogahama

1. Observe living things in the area

In Jodogahama, you can see various animals depending on the season.

Spring



Azuma-ichige

Blooms with purple-white flowers in early spring, and announces the arrival of spring.



Dogtooth violet

The seeds germinate underground, and it takes around 8 years for the flowers to bloom.



Japanese serow

A member of the Bovidae family in which both males and females have horns. They are not deer.



Japanese white eye

In spring, they relentlessly move around to feed on the nectar of flowers, such as cherry blossoms.

Summer



Yellow daylily

These flowers bloom in the morning and wither at night. They are also called *zentelka*.



Sukashi-yuri

The Japanese name comes from the fact that there are gaps between the petals.



Black-tailed gulls

Their cry resembles that of a cat, and they eat sea urchin and fish.



Narcissus flycatcher

They have a beautiful voice and form. The females are a plain olive color.

Autumn



Tsurifuneso

The name comes from the fact that the flower's shape resembles a suspended sailboat.



Nippon daisy

An evergreen perennial herb with lignified branches. It is designated as the flower of Miyako City.



Grass lizard

Inhabits bushes and the edges of forests. It often basks in the sun.



Japanese squirrel

They love walnuts and pine cones. You might be able to see them in the morning.

Winter



Rosebud Cherry

It blooms twice a year, in spring and early winter. Don't say it blooms out of season.



Spicebush

The round part gets ready to become a flower, and the long part gets ready to become leaves.



Harlequin duck

Males and females have different colors, but the white spots on their heads is the trademark of this species.



Japanese marten

It is excellent at tree climbing. This omnivore eats anything, from fruit on trees to rats.

2. Walk the Michinoku Coastal Trail



みちのく潮風トレイル
Michinoku Coastal Trail

The Michinoku Coastal Trail connects the Pacific Coast from Hachinohe City in Aomori Prefecture to Soma City in Fukushima Prefecture. Among the areas in this long trail, which is over 1,000 kilometers long, the Jodogahama Visitor Center shares information on Iwaizumi Town, Miyako City, and Yamada Town. They introduce routes that suit your level, time, and goals, such as short courses that beginners can easily walk and courses that go around geo sites.

Get a stamp for your memories on the trail!



<https://trail.jodogahama-vc.jp>



3. Enjoy yourself at facilities near Jodogahama

Iwate Prefectural Fishery Science Museum

A science museum focusing on fisheries, that has exhibits on fish in the Sanriku sea, and fishing methods past and present.

Tel. 0193-63-5353

Jodogahama Rest House

A meal and resting area where you can see Jodogahama before your eyes. You can fully enjoy the delicious flavors offered by Miyako City.

Tel. 0193-62-1179

Jodogahama Marine House

This popular tour lets you go around Jodogahama highlights, including the Blue Cave, in a Sappa boat.

Tel. 0193-63-1327

*Closed for the winter from December to February

The Park Hotel Jodogahama

This appealing hotel lets you gaze at the beautiful Miyako Bay and Pacific Ocean scenery and eat delicious Sanriku seafood.

Tel. 0193-62-2321

Miyako City sightseeing boat "Miyako Umineko Maru"

You can board from the Desaki Pier near Roadside Station Miyako, or from Jodogahama.

Tel. 0193-65-8856



Jodogahama Field Map

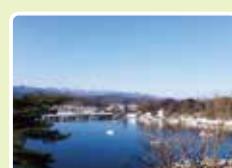
Course Recommended
for Walking



Recommended Spots



① Tategasaki Observatory
A road-paved observatory around 7m in height. In the south you can see the Miyako Bay and Mt. Gasan, and in the north you can see Hidemitsu Island and Anegasaki.



② Ryujinzaki Observatory
You can see the Miyako fishing port and market. On sunny days with clear skies you can see Mt. Hayachine in the distance.



③ Odaiba Observatory
Located at the tip of a cape protruding into the sea, here you can get a wide view of Jodogahama. There is also a compass where you can see place names.



④ Tsuyoshidai Observatory
This scenic spot features Sagojima Island on the left, Hidemitsu Island in the sea, and the scenery of a sea cave spreading out below your eyes in Takonohama Beach.



⑤ Hamayuri Observatory
An observation platform on a cliff facing Takonohama Beach. Between the cluster of Japanese red pine trees you can get a good view of the sea cave.



⑥ Mt. Usukiyama Cherry Blossoms
Around 100 varieties of cherry blossom vividly color spring in Jodogahama. You can see Rhododendron and Azalea flowers.



⑦ Monument of the Battle of Miyako Bay
A building that commemorates 130 years since the Battle of Miyako Bay. You can view Miyako Bay, which was the scene for this battle.



⑧ Monument of the Battle of Miyako Bay
It was built to commemorate the bravery of one ship attacking eight, and the first Western-style sea battle in the history of Japanese sea battles.