Drink Water Fresh from the Spring

The water from this spring was once rain that fell in southern Aso and filtered through the groundwater. This spring is fed by the waters of Takezaki Spring, and the snowmelting in the upland springs warms the flow to a constant temperature of 12.6°C (54.7°F). The springs gush with two tons of water per hour, and it’s 17°F (−8°C) year-round and contains just the right bubbles to create the building of carbonation.

Learn about Volcanoes and Calderas

Takezaki Spring
Purest of the Pure

This spring is the perfect place to learn about volcanic activity, but the Aso Volcano Museum contains a live-camera view of the crater that lets you see the volcano in real-time. Volcanos also release carbon dioxide, creating pressure that can cause the earth to vibrate. Soak in the historical spring and learn about the geology that makes Aso unique.

Relax in a High-Altitude Hot Spring

Hotsein Onsen
Hokkaido Onsen

This spring is located in the Aso Mountains at a 300-meter (984-foot) altitude above tree line, it is Aso's highest hot spring. The rurid altitude offers a relaxing experience of the volcanic landscape. The water at this spring contains the high HEALTHY CALDARAS concentrations of ions, as well as a century-old relationship of harmony between the earth and minerals. The bathhouse is open all year, and is the perfect place to unwind after a long day of exploring.

Soar the Wide Aso Skies

Paragliding
Enjoy an exhilarating 10-minute flight as you take off from the side of the caldera. Still looking for something more thrilling? How about a 1-hour flight around the caldera? An instructor stands by your side as you experience the thrill of paragliding. Stimulate your better bird's-eye views of the massive size and splendor of Aso than floating among the clouds. Experience the thrill of paragliding when you fly over the caldera. Take in the wide amazing views of the caldera and surrounding area, such as the Ring of Fire! Get ready to soar the wide Aso skies!

Bike Through an Endless Flower Meadows

Bogatsuru marsh, a region protected under the Ramsar Convention with Bogatsuru, is recognized as a globally important wetland of international importance. This marsh is not only beautiful in the spring, but also in the fall when it is covered in the colorful flowers of Aso and Kuju. During the spring, the marsh is covered in the flowering of Japanese azaleas, and during the fall, it is covered in the flowering of Japanese maple leaves. This is the perfect place to experience the beauty of flowers in all their splendor.

Experience the Purest of the Pure

Takezaki Spring

This spring is a perfect place to experience the purest of the pure. The spring is located in the Aso Mountains at a 300-meter (984-foot) altitude above tree line, it is Aso's highest hot spring. The rurid altitude offers a relaxing experience of the volcanic landscape. The water at this spring contains the high HEALTHY CALDARAS concentrations of ions, as well as a century-old relationship of harmony between the earth and minerals. The bathhouse is open all year, and is the perfect place to unwind after a long day of exploring.

IMMERSE YOURSELF IN THE LOCAL CULTURE

Aso, a prefecture in Kyushu, is a land of unique traditions and rich cultural history. The region is known for its delicious cuisine, beautiful natural scenery, and friendly locals. One of the best ways to experience the local culture is by indulging in the traditional foods of Aso, such as Akaushi wagyu beef, vegetables grown in the rich volcanic soils of Aso, and dishes featuring the regional skewered cuisine placed in ash. Many dishes feature the unique local cuisine of Aso-Kuju, which is a centuries-old relationship of harmony between the earth and the local farmers. The unique local cuisine of Aso-Kuju was born from a centuries-old relationship of harmony between people and nature. Popular dishes include Dango, a rice ball placed in a sweet red bean paste, and Kyushu azalea, a flower that is only found in Aso. This is the perfect place to experience the beauty of flowers in all their splendor.