

# Experience the Japan's natural beauty



The National Parks contain the Japan's most scenic mountains and seas. While the Parks feature both preserving almost intact ecosystems and offering the enjoyment of accessible scenic delicate sites nearby residential areas. Whether you head out on foot to the mountains, immerse yourself in the wilderness of deep woods and hidden steams, seek for a grandeur scenery, or enjoy wildlife viewing, Japan's finest views will be revealed. Use information services and guides available in the visitor centers and other park facilities for your full enjoyment.



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- 1 Trekking in wetlands (Oze NP)
- 2 Diving with a dolphin (Ogasawara NP)
- 3 Bird-watching (Joshin'etsukogen NP)
- 4 Kayaking (Yambaru NP)



## National Park guide Visitor Centers

Visitor centers are the park facilities introducing special qualities of natural objects and processes in the park, to assist visitors to understand better and enjoy the park. Park visitors can learn about the park's scenic views and wildlife from the presentation of replicas, posters, diorama and videos. Real-time wildlife information, such as about blooming flowers and bear sightings, and information on the best hiking trails are also available. Use these free visitor centers to plan your activities and destinations in the National Parks.



Kamikochi Visitor Center (Chubusangaku NP)



# Enjoy hot spring spas



Japan is a volcanic country, with hot springs all over the country. It has been a traditional recreation for the general public to bathe in hot springs out in the countryside, where they can enjoy scenic views and visit historical and cultural objects, temples and shrines. In old hot spring towns, rich nature and culture are preserved. The National Parks featuring volcanoes offer various types of hot springs and ways of the enjoyment. You can enjoy outdoor bathing while viewing snow, streams, oceans, and so on. Tourists may select their destinations depending on minerals dissolved in spring waters. Local foods and delicacy add more pleasure to the visitor's enjoyment of hot springs.

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- 1 An outdoor bath of Nyuto Hot Spring, famous for its white spring (Towada-Hachimantai NP)
- 2 Seseki Hot Spring, an underwater hot spring looking out at the Kunashiri Island (Shiretoko NP)
- 3 A hot spring lodge surrounded by autumn leaves (Towada-Hachimantai NP)
- 4 Fumes from Unzen Hot Spring (Unzen-Amakusa NP)
- 5 Monkeys bathing in a hot spring, Jigokudani-yaen-kouen (Joshin'etsukogen NP)

