

Daisen-Oki National Park

Mountains and Islands Where Myths Interlace
A series of volcanoes where the gods reside,
and islands that breathe with ancient memories.

Daisen-Oki National Park is a park marked with numerous variations, encompassing a mountainous area from Mt. Daisen to Mt. Hiruzen and Mt. Kenashi, Mt. Senjo to Mt. Mitoku, the coastal area of the Shimane Peninsula, as well as Mt. Sanbe and the Oki Islands. The mountainous area consists of a variety of elements that include dynamic volcanic landforms, rich forests, and a vast grass-covered plain. Depending on the location, visitors can savor views of unique mountains and diverse flora and fauna

that adapted to the environment. The seaside and islands feature a range of seashore landscapes formed by a combination of complicated factors, such as volcanic activity, crustal changes, climate changes, alluviation, and erosion, in addition to the biological environment unique to beaches and islands affected by ocean currents. In addition, the Japanese mythology, Kunibiki Shinwa, was set in this area and the area retains the traditional relationship of nature, inhabitants and their lives.

Date of Designation :
February 1, 1936

Area : 35,097 ha (land area)

Related Prefecture :
Tottori, Shimane, Okayama



Enjoy the ocean, rivers, and other water scenery



Kuniga Coast



Kitanizawa mountain stream



Enjoy the mountains and flora



Mt. Daisen



Kagamiganaru



Experience culture and local life



Squid drying



Ogamiyama-jinja Shrine Okunomiya



Meet the wildlife



Horses and cows in Oki



Oki Salamander

Itinerary

Understand the awe felt by ancient people for nature leading to the worship of nature in a mythical land mentioned in the Kojiki (early Japanese chronicle and collection of myths), the country's oldest written record

Journey to understand the awe that people felt for the nature in Daisen-Oki National Park, home to the locations of ancient Japanese mythology written in the Kojiki (early Japanese chronicle and collection of myths), the country's oldest written record. According to local legend, Mt. Mitoku became the training place of the Shugendō sect because a pedal of a lotus flower thrown by the founder of Shugendō fell on the mountain. Feel the thrill of trekking the steep rocky path to Nageiredo Hall, the temple's Mountain Sanctuary, which is called the most dangerous national treasure in Japan. In Mt. Daisen worshipped as a sacred mountain since ancient times, learn about the worshipping of the bodhi-sattva Jizo which led to the Shugendō religion and hike through a beech tree forest. Walk Japan's longest old path paved with natural stone to visit Daisenji Temple or the Ogamiyama-jinja Okumiya Shrine. Complete the two-shrine (Izumo Taisha and Miho Shrine) pilgrimage known as Ebisu-Daikoku and feel the history and relationship with symbolic divines of the Izumo region, which is called the land of myths.

web site



Day 1

Take a mountain pilgrimage with a sendatsu history guide to multiple halls built into and around large rocks and caves before Japan's most dangerous national treasure, Okunoin Nageiredo Hall

- 11:00 ● Tottori Airport
- } Private tour car
- 11:45 ● Mt. Mitoku Sanbutsuji Temple
- 12:00 ● Lunch (Shojin bento box)
- }
 13:00
- 13:00 ● Climb a pilgrimage road with a sendatsu history guide
- }
 15:15
- 15:15 ● Climb the path along the cliff to Japan's most dangerous national treasure
- }
 Private tour car
- 16:00 ● Misasa Onsen, arrive at the hotel
- }
 Overnight stay in the long-standing Misasa Onsen resort which is linked with Mt. Mitoku

Day 2

Walk on Japan's longest old path paved with natural stone and old growth beech tree forest leading to Ogamiyama-jinja Okumiya Shrine

- 9:00 ● Private tour car
- }
 10:20
- 10:20 ● Mt. Senjō, Daisenji Temple : Daisen Museum of Nature and History
- }
 11:30
- 11:45 ● Lunch (Daisen Okowa)
- }
 12:45
- 13:00 ● Daisen beech forest walk
- }
 16:00
- 16:00 ● Walk along Japan's longest old path paved with natural stone and old growth beech tree forest
- }
 Private tour car
- 16:15 ● Hotel (Daisen area)

Day 3

Complete the two-shrine (Izumo Taisha and Miho Shrine) pilgrimage known as Ebisu-Daikoku and take a boat cruise to see mystical sea caves including Kaka no Kukedo

- 8:00 ● Private tour car
- }
 9:20
- 9:30 ● Walking tour of Mihonoseki with a local guide
- }
 10:30
- 10:30 ● Two-shrine (Izumo Taisha and Miho Shrine) pilgrimage
- 11:20 ● Kaka no Kukedo Sightseeing Boat
- }
 12:10
- 12:10 ● Visit to large caves in the ocean and immerse yourself in the world of myths
- 12:20 ● Lunch (Izumo Soba (Izumo Buckwheat Noodles))
- }
 13:00
- 13:00 ● Private tour car
- 14:30 ● Visit to Izumo Taisha with a guide
- }
 15:20
- 15:20 ● Tour to Izumo Taisha with a guide who loves the area and has extensive knowledge of the shrine
- }
 Private tour car
- 15:50 ● Izumo Enmusubi Airport

Inquiry

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