

Chichibu-Tama-Kai National Park

Situated Proximate to the Metropolitan Area,
a Mountainous Park
Brimful of Alluring Forests and Valleys.

With Mt. Kita-okusenjo as the highest peak (2,601 m above sea level), Chichibu-Tama-Kai National Park is a unique park blessed with mountains and clear streams. The park consists of the lofty Okuchichibu Mountains at 2,000 m extending from Mt. Kimpu and Mt. Kobushigatake to Mt. Kumotori, and the surrounding Mt. Daibosatsu, Mt. Ryokami, Mitake-Shosenkyo Gorge, and Okutama. The mountain range stretches about 40 km from north to south and about 70 km from east to west. The Okuchichibu Mountains are home to the headwaters and

divides the rivers of the Kanto region and central Honshu, including the Chikuma (Shimano) River, Fuefuki (Fuji) River, Tama River, and Arakawa River. River channel erosion has V-shaped valleys with varied landscapes of mountains and valleys. Thanks to the great accessibility of being nearest to the metropolitan area, this national park has been visited by a number of visitors to enjoy the myriad ways to commune with nature such as hiking, mountain-climbing, camping, fishing, and river trekking.

Date of Designation:
July 10, 1950

Area: 126,259 ha

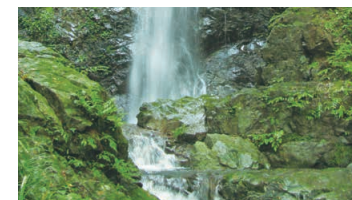
Related Prefecture:
Saitama, Tokyo,
Yamanashi, Nagano



Enjoy the ocean, rivers, and other water scenery



Nishizawa Gorge



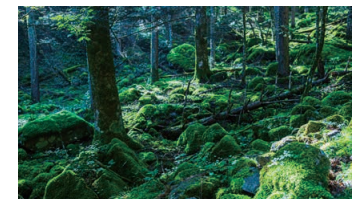
Hossawa-no-taki Falls



Enjoy the mountains and flora



Mt. Kumotori



Mt. Kobushigatake



Experience culture and local life



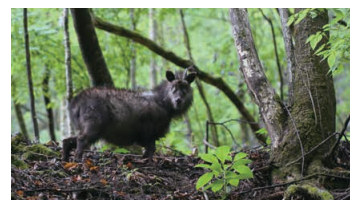
Mitsumine-jinja Shrine



Musashi-Mitake-jinja Shrine



Meet the wildlife



Serow



Spotted Nutcracker

Itinerary

Trek the fantastical moss-covered forest and gorge in Okuchichibu

Trek through fantastical moss-covered forest and gorge and climb the peak of Mt. Kobushigatake, nicknamed the "navel" of Okuchichibu, where breathtaking panoramic views unfold. Starting from the trailhead at Nishizawa Gorge, head through a lush and verdant forest to the source of the Arakawa River. Enjoy rafting as well in the scenic beauty of the deep gorge created by the river that is part of the daily lives of residents of the Kanto and Chubu areas.








web site



Day 1



Participation in the SDG initiative of river clean-up rafting in the Okutama area as well

* Overnight stay in the Okutama area on the previous day

-   Train or rental car
- 9:00 ● River clean-up rafting
} Nature conservation activities while enjoying rafting
- 11:30
-   Rental car or taxi
- 12:30 ● Lunch
} 13:30
-   Rental car or taxi
- 16:30 ● Yamanashishi Station
-  On foot
- 17:00 ● Hotel (Yamanashishi Station area)


Day 2

Trek the moss-covered mountainous roads in a dense forest to the peak of Mt. Kobushigatake where the river starts

- 8:00 ●   Taxi or local bus
- 9:30 ● Meet at Michi no Eki Mitomi Roadside Station
- 10:00 ● Mount climbing and nature exploration
} Mount climbing to trace the source of the river that is part of people's lives and nature exploration
- 16:00
- 16:00 ● Mountain cabin
- Overnight stay at Kobushi Mountain Hut

Day 3

Listen to the relaxing songs of the birds, trek a dense forest to the peak
Continue to explore nature on the journey down the mountain

- 6:00 ● Enjoy nature while descending the mountain
} 13:00 Continuing from the previous day, walk through the forest while descending the mountain
- 13:00 ● Michi no Eki Mitomi Roadside Station
- 13:00 ● Lunch
} 14:00
-  Bus
- 15:00 ● Yamanashishi Station

Inquiry

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