

Oze National Park

Japan's Most Extensive Mountain Wetlands,
Carpeted in Flowers, Encircled by Famous Peaks.



Oze National Park has a long history. In 1934, it was designated part of Nikko National Park, and then in 2007 the Oze Area was separated from Nikko National Park and combined with surrounding areas such as Mt. Aizu-Komagatake, Mt. Tashiro, and Mt. Taishaku to create Japan's 29th designated national park. The name "Oze" is widely known due to its mention in Natsu-no Omoide ("Summer Memories"), a nationally beloved song. The region is characterized by its beautiful scenery, ranging from Ozegahara Plateau, the largest high moor on

Honshu, and Lake Ozenuma, which was formed by the damming of the headwaters of the Tadami River due to volcanic eruptions, to the surrounding mountains, including Mt. Shibutsu, Mt. Hiuchigatake, Mt. Aizu-Komagatake, Mt. Tashiro, and Mt. Taishaku. Although Oze has faced the threat of development numerous times, its precious nature has been preserved through the cooperation of many people, and the park is also referred to as the "Starting Point for Nature Conservation in Japan."

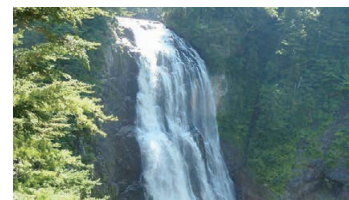
Date of Designation :
August 30, 2007

Area : 37,222 ha

Related Prefecture :
Fukushima, Tochigi,
Gunma, Niigata



Enjoy the ocean, rivers, and other water scenery



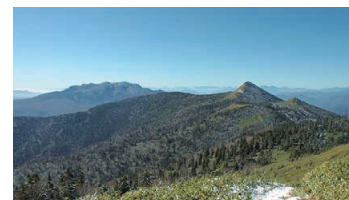
Sanjo-no-taki Falls



Ozenuma Swamp



Enjoy the mountains and flora



Mt. Kasagatake



Mt. Aizukoma



Experience culture and local life



Aizu-Numata road



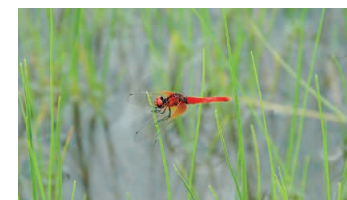
Hinoemata Kabuki



Meet the wildlife



Japanese Stoat



Scarlet Dwarf

Itinerary

Visit the birthplace of the nature conservation movement of Japan by hiking the mountains of Oze

Oze has been a pioneer of nature conservation activity in Japan. In the Edo period (1603–1867), Oze was a busy trade area on the route between Gunma Prefecture and Fukushima Prefecture. In recent years, owing to the successful nature conservation activity, Oze has become famous for its massive wetlands and is home to a wide variety of alpine flora. Learn about the nature of Oze first at Oze Nature Center to enjoy the ethereal panoramic scenery of Ozegahara to the fullest. Hiking Oze does not require scaling the mountain peaks and the trek is mostly flat. Hiking the extensive wetland on your foot provides a sense of fulfillment. Looking into the local nature conservation activities over many years leads one to search for an approach to realize the SDGs.

web site



Day 1

Learn about the history, nature, environment, and conservation activities of Oze and visit the exhibit of flora and fauna of Oze



Day 2

Trekking while experiencing the magnificence of Ozegahara, Japan's most extensive mountain wetland



Inquiry

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