Tohoku, Hokuriku Shinetsu Region

Bandai-Asahi National Park

Distant flowers that continue to preserve their ancient form and the land of volcanoes that cannot help but change.

The Bandai-Asahi National Park covers a vast range from the Dewasanzan, Asahi, lide, and Azuma Mountain Ranges, to Mt. Bandai and Lake Inawashiro, and is Japan's second largest national park on land, Dewasanzan is famous as a place of mountain worship and has historical appeal. In the lide and Asahi Mountain Ranges, a highly primitive natural environment has been preserved, and visitors can enjoy the mountainous views surrounded by majestic mountains and the tender beauty of a flower field after a long walk. The Azuma Mountain Range and the area around Mt. Bandai have dynamic views, lakes and marshes of various sizes created by volcanoes and rich forests that are combined to ereate a beautiful landscape with lots of variety. With convenient access from the urban area, this is popular place where people can enjoy a variety of recreation such as mountain climbing, exploring nature, going to hot springs, and skiing. Bandai-Asahi National Park is filled with plenty of attractions from its mountains with deep forests to its dynamic volcanic area, the lakes and marshes filled with water, and the mountain worship traditions passed over the ages. Additionally, since the park area covers a vast area of land, there are a wide variety of mountains that can be enjoyed by everyone from beginners to seasoned climbers, and so the park attracts many climbers.

Date of Designation : September 5, 1950

Area : 186,375 ha

Related Prefecture : Yamagata, Fukushima, Niigata

Enjoy the ocean, rivers, and other water scenery





Lake Hibara

Lake Inawashiro









Mt. Bandai

Mt. Adatara



Experience culture and local life



Takayu Onsen







Peacock Butterfly



Tsuchiyu Onsen

ohoku, Hokuriku Shinetsu Region

Itinerary

Natural landscape created by volcanic activity in the Azuma Mountain Range, Bonsai art, and sustainability

The Bandai-Azuma area features colorful scenery created by the constant changes of nature including volcano-made lakes and swamps in different sizes. The Azuma goyomatsu white pine, which is one of Japan's top three white pine species, portrays the nature of Mt. Azuma. Learn about the landscape of Mt. Azuma through this bonsai loved by many overseas fans. Climb Mt. Issaikyo where legend has it that Buddhist scriptures lie buried with a guide to view the collection of beautiful volcanic creations such as the desolate landscape and mysterious Goshikinuma Ponds. At Tsuchiyu Onsen resort, learn about the sustainable energy system that utilizes heat from the hot springs at a power plant and the creation of sustainable Onsen resorts.

web site



Day 1 Feel the nature of Mt. Azuma through bonsai sculpting of an Azuma goyomatsu white pine, which is one of Japan's top three white pine species	Day 2 Climb a mountain to enjoy the astonishing panoramic view of Goshikinuma Ponds, Nishi-Azuma mountain range, and Mt. Bandai	Day 3 Visit a binary geothermal plant and learn about the creation of a Onsen resort that utilizes renewable energy
12:00 • Fukushima Station	8:30 • Private tour car	10:00 • 📌 On foot
 Private tour car 12:30 • Bonsai experience Experiencing nature through the 14:30 Japanese art of bonsai 	9:00 • Learn about the area at the Jododaira Visitor Center 10:00	 10:30 • Visit the natural energy of Tsuchiyu Onsen 12:00 Initiative to rebuild the region after the Great East Japan Earthquake by use of renewable energy
 15:00 • Learn about the wonders of Takayu Onsen on a tour to view the source of the water at Takayu Onsen resort Transportation 	10:00 Trekking at Mt. Issaikyo and Kamanuma Pond 15:00 Mountains that are worshipped as divine and breathtaking view	12:00 • Lunch 13:00 Private tour car
16:15 • Hotel (Takayu Onsen)	16:00 • Hotel (Tsuchiyu Onsen)	13:45 • Fukushima Station



Tohoku Regional Environment Office

TEL022-722-2870MAILREO-TOHOKU@env.go.jp