



Source: Prepared based on Cancer Causes Control 1996.7.555-558

We are surrounded by various risk factors for cancer in our lives. The pie chart above provides U.S. data, which gives an idea that meals and smoking habits are closely associated with the development of cancer. If having been exposed to radiation, risks due to radiation are to be added to these factors. Accordingly, it is best to avoid radiation exposure from the viewpoint of reducing risks of cancer.

It may be possible to refuse X-ray examinations or avoid taking flights, but that would make early detection of diseases impossible and make life inconvenient, and such efforts would not dramatically reduce the risks of developing cancer due to the existence of various cancer-causing factors other than radiation in our lives.

(Related to p.102 of Vol. 1, "Risks of Cancer (Radiation)," and p.103 of Vol. 1, "Risks of Cancer (Life Habits)")

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