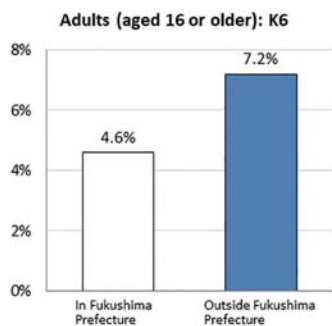
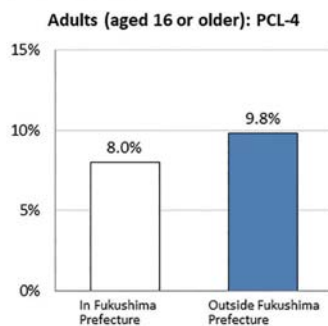


[Mental health by place of residence at the time of the survey (in and outside Fukushima Prefecture): Percentages of people considered to require support]



Measurement scale: K6

Respondents reply to each question of a 6-item questionnaire concerning their depression and anxieties with a score from zero to four. When the total is 13 points or over, a mood disorder or anxiety disorder is suspected.



Measurement scale: PCL-4

Respondents reply to each question of a 4-item questionnaire concerning their occasionally arising mental and physical reactions originated from their disaster experience (traumatic stress) with a score from one to five. When the total is 12 points or over, PTSD is suspected.

Prepared based on materials for the 42nd Prefectural Oversight Committee Meeting for Fukushima Health Management Survey

Respondents to the survey for FY2019 were classified by their places of residence into those who resided in Fukushima Prefecture and those who resided outside Fukushima Prefecture at the time of the relevant survey, and a comparison was made concerning their mental health conditions using measurement scales, K6 and PCL-4. As a result, the percentage of people considered to require support based on the K6 scale among adults (aged 16 or over) tends to be higher for those outside Fukushima Prefecture than those in Fukushima Prefecture. Compared with the relevant percentage (3.0%) in a prior study in Japan (Kawakami, 2007), the percentage for those in Fukushima Prefecture was approximately 1.5 times and that for those outside Fukushima Prefecture was approximately 2.4 times higher. In the same manner, the percentage of people considered to require support based on the PCL-4 scale among adults (aged 16 or over) tends to be higher for those outside Fukushima Prefecture than those in Fukushima Prefecture.

Included in this reference material on March 31, 2019

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