

What is Fukushima Prefecture's Fukushima Health Management Survey?

Considering the effects of radiation due to the nuclear disaster, Fukushima Prefecture has been conducting the "Fukushima Health Management Survey" since June 2011 in order to monitor and improve the health of residents for the long term into the future.

The Fukushima Health Management Survey consists of the following five components.

- (i) Basic Survey (estimation of external doses)** (all residents)
- (ii) Detailed Surveys**
 - **Thyroid Ultrasound Examination** (residents aged around 18 or younger as of March 11, 2011)
 - **Comprehensive Health Checkup** (residents in Evacuation Areas)
 - **Mental Health and Lifestyle Survey** (residents in Evacuation Areas)
 - **Pregnancy and Birth Survey** (pregnant women who have obtained a maternity handbook for each fiscal year)

Fukushima Health Management Survey (Survey Promotion System)

[Purpose of the Survey]

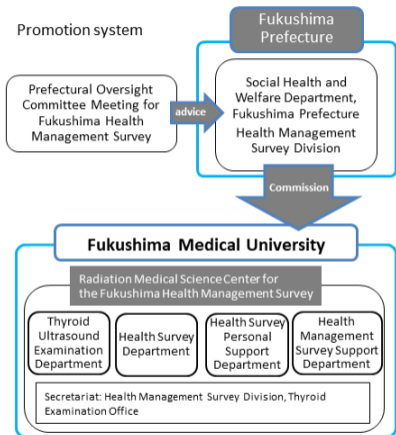
Considering the effects of radiation due to the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS, Fukushima Prefecture has commissioned Fukushima Medical University to conduct the "Fukushima Health Management Survey" for all residents of the prefecture in order to monitor and improve their health for the long term and ensure their safety and peace of mind.

By continuously conducting surveys and health checkups, the Survey aims to achieve the prevention and early detection and treatment of diseases and improve the health of residents into the future, while developing better systems for research, education and medical services.

[Promotion system]

With advice, etc. from qualified individuals comprising the Prefectural Oversight Committee Meeting for Fukushima Health Management Survey, Fukushima Prefecture and Fukushima Medical University have been jointly conducting the Survey.

Fukushima Medical University established the Radiation Medical Science Center for the Fukushima Health Management Survey in September 2011.



Fukushima Health Management Survey (Overview)

Fukushima Health Management Survey (targeting all residents)

To ascertain radiation doses (basic data)

Basic Survey

Coverage: All people residing in the prefecture as of March 11, 2011

Method: Self-reporting questionnaire survey

Content: Record of behavior on or after March 11 (estimation of exposure doses)

To ascertain health conditions

Detailed Surveys

Thyroid Ultrasound Examination

Coverage: All residents who were around 18 years old or younger at the time of the earthquake

Content: Thyroid ultrasound examination

Comprehensive Health Checkup (utilizing the existing health checkup system)

Coverage: Residents of Evacuation Areas, etc.

Content: General health checkup items + differential leukocyte count

Coverage: Residents of areas other than Evacuation Areas, etc.

Content: General health checkup items

Periodically receiving workplace or municipal health checkups, or cancer screening, may lead to early detection and treatment of diseases.

Health checkups targeting residents uncovered by any conventional health checkups

Mental Health and Lifestyle Survey (a questionnaire survey targeting residents of Evacuation Areas)

Pregnancy and Birth Survey (a questionnaire survey targeting pregnant women who have obtained a maternity handbook)

Ongoing management of residents' health

Fukushima Health Management File

- ☆ Individuals enter and save the results of various surveys and examinations they received.
- ☆ Aim to disseminate knowledge on radiation

Database

- ◆ Data is utilized for long-term health management and treatment of the residents of Fukushima Prefecture.
- ◆ Knowledge obtained through this health management initiative is to be handed down to future generations.

- Whole body counter
- Personal dosimeter

Follow-up

Consultation and support