

## What is Fukushima Prefecture's Fukushima Health Management Survey?

Considering the effects of radiation due to the nuclear disaster, Fukushima Prefecture has been conducting the "Fukushima Health Management Survey" since June 2011 in order to monitor and improve the health of residents for the long term into the future.

**The Fukushima Health Management Survey consists of the following five components.**

- (i) Basic Survey (estimation of external doses)** (all residents)
- (ii) Detailed Surveys**
  - **Thyroid Ultrasound Examination** (residents aged around 18 or younger as of March 11, 2011)
  - **Comprehensive Health Checkup** (residents in Evacuation Areas)
  - **Mental Health and Lifestyle Survey** (residents in Evacuation Areas)
  - **Pregnancy and Birth Survey** (pregnant women who have obtained a maternity handbook for each fiscal year)

Prepared based on the website of the Radiation Medical Science Center for the Fukushima Health Management Survey, Fukushima Medical University  
(information on the Fukushima Prefecture's Fukushima Health Management Survey)

In the aftermath of the diffusion of radioactive materials from the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS, subsequent evacuations and such, the "Fukushima Health Management Survey" was commenced in Fukushima Prefecture, aiming to improve and maintain the health of the residents of the prefecture into the future by means of understanding their health conditions and linking such data to the prevention and early detection and treatment of diseases, while assessing their radiation doses.

Within the Fukushima Health Management Survey, the Basic Survey was offered to all residents of Fukushima Prefecture to ascertain their external doses during the four months following the accident at the NPS, and the Thyroid Ultrasound Examination has been conducted for all residents who were around 18 years old or younger at the time of the accident. The Comprehensive Health Checkup to ascertain physical health conditions and the Mental Health and Lifestyle Survey to ascertain mental health conditions have also been conducted for approximately 210,000 people who were residing in areas designated for evacuation after the accident. Furthermore, the Pregnancy and Birth Survey has been conducted for pregnant women who obtained a maternity handbook within Fukushima Prefecture and those who obtained a maternity handbook somewhere else but gave birth in the prefecture.

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