

Assessments by International Organizations		WHO Reports and UNSCEAR 2013 Report (1/3) Comparison of Assessments (1/2): Overview	
	WHO	UNSCEAR	
Purpose	To estimate health risks of residents due to radiation exposure for the first one year after the accident (conservative assessment)	<ul style="list-style-type: none"> To compile obtained information and make an assessment To provide scientific knowledge (realistic assessment) 	
Content	<ul style="list-style-type: none"> Preliminary dose estimation Health risk assessment 	<ul style="list-style-type: none"> Time chart and analyses of the nuclear accident of the nuclear accident Release and diffusion of radioactive materials Public exposure doses Occupational exposure doses Health effects Exposure doses and risk assessment for non-human biota 	
Time of assessment	Immediately after the accident (data up to September 2011) Data immediately after the accident contains inaccurate information.	After the elapse of a certain period of time from the accident (data up to September 2012) More recent data, if appropriate, is also taken into consideration.	
Time of release	Dose assessment: May 2012 Health risk assessment: February 2013	April 2014	
Conclusion	The possibility of increases in diseases due to radiation released as a result of the latest nuclear accident is small, and risk increases are ignorable in Japan except for some areas in Fukushima Prefecture, as well as in neighboring countries.	Lifetime doses that the Japanese people will receive due to the nuclear accident are small and it is hardly likely that any health effects of radiation will be observed among Japanese people in the future.	

Reports by the World Health Organization (WHO) on dose estimation and health risk assessment*¹ and the 2013 Annual Report by the United Nations Scientific Committee on the Effects of Atomic Radiation (UNSCEAR) *² are compared and their outlines and key points are introduced here.

The purpose of the WHO Reports is to estimate people's exposure doses for the first one year after the accident and identify areas requiring emergency measures. Therefore, the WHO provisionally assessed the residents' health risks based on limited information available and released the preliminary dose estimation report in May 2012. Later, the WHO released preliminary health risk assessment report in February 2013.

In the meantime, the UNSCEAR regularly reports the status of radiation exposure of respective countries all over the world based on its scientific review of information. It has been continuing research and analysis of the effects of the Chernobyl NPS Accident for years and it also released the report on the effects of radiation exposure caused by Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS in April 2014.

(Related to p.190 of Vol. 1, "WHO Reports (1/4) Outline of the WHO's Dose Assessment" and p.195 of Vol. 1, "UNSCEAR 2013 Report (2/9) Outline of Assessment of Public Exposure Doses")

*1: WHO Reports on preliminary dose estimation and health risk assessment:

- Preliminary dose estimation from the nuclear accident after the 2011 Great East Japan Earthquake and Tsunami (2012)
- Health risk assessment from the nuclear accident after the 2011 Great East Japan earthquake and tsunami, based on a preliminary dose estimation (2013)

*2: 2013 Annual Report by the UNSCEAR:

- SOURCES, EFFECTS AND RISKS OF IONIZING RADIATION UNSCEAR 2013, Report, Volume I, REPORT TO THE GENERAL ASSEMBLY SCIENTIFIC ANNEX A: Levels and effects of radiation exposure due to the nuclear accident after the 2011 great east-Japan earthquake and tsunami (2013)

Included in this reference material on March 31, 2015

Assessments by International Organizations		WHO Reports and UNSCEAR 2013 Report (2/3) Comparison of Assessments (2/2): Assessment of Public Exposure Doses and Major Uncertainties	
	WHO	UNSCEAR	
	20 years old (adults); 1 year old (infants)	20 years old (adults); 1 year old (infants)	
Estimation of effective doses for the first one year after the accident (in millisieverts)	(i) Fukushima Prefecture: 1-50 1-50 (ii) Neighboring prefectures: 0.1-10 0.1-10 (iii) Rest of Japan: 0.1-1 0.1-1	(i) Precautionary Evacuation Areas: 1.1-5.7 1.6-9.3 (ii) Deliberate Evacuation Areas: 4.8-9.3 7.1-13 (iii) Non-evacuated districts of Fukushima Prefecture: 1.0-4.3 2.0-7.5 (iv) Neighboring prefectures: 0.2-1.4 0.3-2.5 (v) Rest of Japan: 0.1-0.3 0.2-0.5	
Uncertainties	Large (prioritized the promptness in assessment)	Uncertainties remain although the report intends to achieve more realistic assessment than that in the WHO Reports.	
Major causes of uncertainties in dose assessments	<ul style="list-style-type: none"> • Estimation of radioactivity concentrations in the air based on measured values of radiation deposited on the ground surface • Information on release of radioactive materials (source terms) and ATDM simulation • Compositions and chemical forms of radionuclides • Shielding effects of buildings • Assumptions for estimation of exposure doses through ingestion of foods • Variation in dose coefficients depending on dietary habits 	<ul style="list-style-type: none"> • Measured values for radionuclides with short half-lives deposited on the ground surface • Changes over time in release rates of radionuclides and knowledge on weather information at the time of their release • Composition of particulate and gaseous I-131 in the air • Biased selection of samples in food monitoring (highly contaminated items are prioritized) • Japanese people's metabolism of iodine (thyroid iodine uptake rate) 	
<p>Note: The WHO's dose estimation is more conservative (overestimated) than that by the UNSCEAR.</p> <p>Explanation of terms:</p> <ul style="list-style-type: none"> • Source terms collectively refer to data necessary for dose assessment, i.e., types, chemical forms and release amounts of radioactive materials. • Diffusion simulation means to calculate the tendency of diffusion of radioactive materials by combining the source term data and other data such as weather conditions and wind directions, etc. 			

For effective dose estimation, the WHO divided Japan into three zones, (i) Fukushima Prefecture, (ii) neighboring prefectures (Chiba, Gunma, Ibaraki, Miyagi and Tochigi Prefectures), and (iii) the rest of Japan, while the UNSCEAR divided Fukushima Prefecture into three zones, and the other prefectures into (iv) neighboring prefectures (Miyagi, Gunma, Tochigi, Ibaraki, Chiba and Iwate Prefectures) and (v) the rest of Japan.

Both the WHO Reports and the UNSCEAR Report state that their assessments of internal and external exposure doses contain certain uncertainties due to uncertainties inherent to basic data. Sources of such uncertainties explained in these Reports are mostly the same despite some differences in expressions. The assessment by the WHO is generally overestimated than that by the UNSCEAR.

(Related to p.191 of Vol. 1, "WHO Reports (2/4) Effective Dose Estimation Method," p.193 of Vol. 1, "WHO Reports (4/4) Evaluation of Uncertainties," p.197 of Vol. 1, "UNSCEAR 2013 Report (4/9) Estimation of Public Exposure Doses for Each of the Four Groups," p.199 of Vol. 1, "UNSCEAR 2013 Report (6/9) Assessment of Public Exposure Doses: Results," and p.201 of Vol. 1, "UNSCEAR 2013 Report (8/9) Assessment of Public Exposure Doses: Uncertainties")

[Relevant parts in the reports]

Results of effective dose estimation:

- WHO Report on preliminary dose estimation (prepared based on pages 40 to 45 (3. Results))
 - UNSCEAR Report (prepared based on paragraphs 209 to 214 on pages 56 to 57, Annex A (Japanese-language version)) (Original English version: paragraphs 209 to 214 on pages 86 to 87)
- Uncertainties in dose assessments:
- WHO Report on preliminary dose estimation (prepared based on sections 4.7.1 to 4.7.7 of 4.7 on pages 60 to 62)
 - UNSCEAR Report (prepared based on paragraphs 110 to 115 on pages 35 to 36, Annex A (Japanese-language version)) (Original English version: paragraphs 110 to 115 on pages 60 to 61)

Included in this reference material on March 31, 2015

Conservative assessment

- Based on assumptions that would not lead to underestimation of exposure doses based on uncertain information (conservative assumptions), exposure doses and health risks are assessed on the safe side for emergency measures immediately after a nuclear disaster.
- As a result of conservative assessment, calculated values will be larger than the actual exposure doses.
- Risk assessment based on the calculated values will result in overestimation of health effects.

Realistic assessment

In the recovery period after a nuclear hazard, current exposure doses and possible future health effects are to be assessed based on assumptions as close as possible to the reality, using all information and measurement data available at that point in time.

In taking emergency measures immediately after a nuclear disaster, exposure doses and health risks are often overestimated from the perspective of mitigating health effects that may be caused by radiation exposure to the extent possible.

In other words, risks are assessed conservatively on the safe side to avoid underestimation. Such conservative assessment is considered to be effective in avoiding the worst situation that may happen. On the other hand, in the recovery period after the completion of emergency measures, exposure situations are to be ascertained more realistically by reflecting on the accident based on fragmentary information and measurement data, and the possibility of health effects into the future are assessed in more detail.

The WHO Report on health risk assessment provisionally calculated health risks based on doses calculated conservatively with limited information and under conservative assumptions. As a result, its risk assessment provided the upper limit but resulted in overestimation as a whole.

The UNSCEAR Report intended to assess exposure levels and radiation risks due to the accident as realistically as possible as of the time when sufficient information was obtained. However, it states that the assessment still contains uncertainties due to the limitations in actual data. For example, there are uncertainties concerning measurement levels of radionuclides deposited on the ground surface and the assumption of radioactivity concentrations in foods. Due to such uncertainties, dose assessment in the UNSCEAR Report is indicated as being likely to be overestimated or underestimated depending on the circumstances.

Included in this reference material on March 31, 2015

Updated on February 28, 2018

Purpose

- To identify areas requiring emergency measures in response to the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS
- To estimate exposure doses for the first one year after the accident for that purpose
- To assess health risks of people in Japan and the whole world based on the estimated doses

Assessment method

- Set conservative conditions for dose estimation and assess exposure doses
- Estimate doses both from internal and external exposure
- Estimate exposure doses by age (one year old (infants), 10 years old (children), and 20 years old (adults)) and by area

The WHO is an organization responsible for assessing health risks posed by radiation in an emergency. Therefore, after the accident at TEPCO's Fukushima Daiichi NPS, it conducted assessment of exposure doses for the first one year regarding people in Japan and the whole world for the purpose of identifying areas and groups of people for which emergency measures should be taken.

The WHO assessed doses due to exposure to radiation via four pathways: (i) external exposure from the ground surface, (ii) external exposure from radioactive plumes (p.29 of Vol. 1, "Effects of Reactor Accidents"), (iii) internal exposure through inhalation, and (iv) internal exposure through ingestion. Doses due to external exposure via (i) and (ii) and internal exposure via (iii) were estimated through simulation based on information on contamination density on the soil surface as of September 2011, while doses due to internal exposure via (iv) were estimated based on the measurement values for foods and drinking water.

People's exposure doses are to be calculated by summing up estimated values for (i) to (iv), but in order to avoid underestimation, the WHO set conservative assumptions and calculated the largest exposure doses imaginable. Concretely, the WHO adopted the preconditions that protective measures such as deliberate evacuation, sheltering indoors, or shipping restrictions on foods were not at all taken.

As exposure doses vary by area and age, the WHO estimated doses by dividing areas into Fukushima Prefecture, neighboring prefectures (Chiba, Gunma, Ibaraki, Miyagi and Tochigi Prefectures), the rest of Japan, neighboring countries and the rest of the world, and by dividing people by age into those aged one year old (infants), 10 years old (children), and 20 years old (adults) at the time of the accident.

Included in this reference material on March 31, 2015

Key points of effective dose estimation

- Doses due to internal exposure through inhalation and external exposure were calculated based on the measurement data concerning radionuclides deposited on the ground surface.
- Doses due to internal exposure through ingestion were calculated based on the measurement data concerning foods.
- The 20 km-zone from the NPS was excluded.
- For Deliberate Evacuation Areas, people were assumed to have stayed there for four months after the accident.

Exposure pathways

All major exposure pathways were taken into consideration.

- External exposure from groundshine*¹
- External exposure from cloudshine*²
- Internal exposure through inhalation
- Internal exposure through ingestion

The key points of the WHO's effective dose estimation method are as follows.

- Doses due to internal exposure through inhalation and external exposure in Japan were calculated based on the data for measured concentrations of radionuclides deposited on the ground surface.
- Doses due to internal exposure through ingestion in Japan were calculated based on the data on measured concentrations of radionuclides in foods.
- For the 20 km-zone from Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS, dose estimation was not conducted as people evacuated therefrom immediately after the accident.
- Regarding Namie Town, Iitate Village and Katsurao Village, which were designated as Deliberate Evacuation Areas, dose estimation was conducted assuming that people stayed in these areas for four months after the accident without taking into account evacuation or other measures actually taken.

The WHO assumed four exposure pathways, namely, external exposure from (i) groundshine*¹ and from (ii) cloudshine*² and internal exposure through (iii) ingestion of foods and drinking water and through (iv) inhalation.

For external exposure, doses were estimated as 60% of those to be received when being outdoors all day long under the assumption that people stay indoors for 16 hours a day.

*1: Groundshine: External exposure from radionuclides deposited on the ground

*2: Cloudshine: External exposure from radionuclides in radioactive plumes (p.29 of Vol. 1, "Effects of Reactor Accidents")

[Relevant parts in the reports]

- WHO Report on preliminary dose estimation (prepared based on Figure 5 on page 25)
- WHO Report on health risk assessment, FAQ (Q.4)
- WHO Report on preliminary dose estimation, FAQ (latter half of Q.3)
- WHO Report on preliminary dose estimation (pages 38 and 86)

Included in this reference material on March 31, 2015

Assumptions for risk assessment

- Assuming that there is no threshold dose for radiation carcinogenesis, the linear model and the linear quadratic model were adopted for dose-response relationships for solid cancer and leukemia, respectively.
- Dose and dose-rate effectiveness factors (DDREF) were not applied.

Results

- People's exposure doses were below all thresholds of deterministic effects (tissue reactions).
- Even in the area where the highest exposure dose was estimated, no significant increase would be observed in risks of childhood thyroid cancer and other types of cancer or leukemia and increased incidence of these diseases exceeding natural variation is hardly expected.
- Risks of heritable effects due to radiation exposure are further smaller than the risks of generating cancer.
- The results suggest that increases in the incidence of diseases attributable to the additional radiation exposure are likely to remain below detectable levels.

Conclusion

- Values in this Report are for roughly ascertaining current risk levels and are not intended to predict future health effects.

The WHO's health risk assessment was conducted for the purpose of examining the scopes of people to be subject to health management and diseases whose incidence should be monitored. This assessment was based on exposure doses estimated under considerably conservative assumptions in order to avoid underestimation. Accordingly, resulting values in this Report are for roughly ascertaining current risk levels and are not intended to predict future health effects.

[Relevant parts in the reports]

- WHO Report on preliminary dose estimation (Tables 3 and 4 on pages 44 to 47)
- WHO Report on health risk assessment (pages 8 and 92 to 93, and Table 43 on page 156)

Included in this reference material on March 31, 2015

Updated on March 31, 2021

- Uncertainties concerning the estimation of radioactive concentrations in the air based on measured values of radionuclides deposited on the ground surface
- Uncertainties concerning compositions and chemical forms of radionuclides
- Uncertainties due to a lower assumption of shielding effects of buildings
- Uncertainties in internal dose coefficients due to unique metabolism of radioactive materials in Japanese
- Uncertainties concerning information on release of radioactive materials (source terms) and the Atmospheric Transport and Dispersion Model (ATDM) simulation
- Uncertainties due to assumptions for dose estimation for exposure through ingestion of foods

The WHO mainly explains as follows regarding the uncertainties in the results of effective dose estimation.

- Estimating radioactivity concentrations in the air based on the amounts deposited on the ground surface involves uncertainties. For example, the chemical form of iodine influences the deposition rates, which causes a significant uncertainty in the estimation of exposure doses through inhalation. Additionally, compositions of radionuclides, such as percentages of I-131 and Cs-137, differ by area and this is also a source of uncertainties.
- Dose assessment was conducted assuming wooden houses, whose shielding effects are weaker than those of buildings made of concrete. This is one of the sources of uncertainties that might result in overestimation.
- When estimating internal exposure, dose coefficients (doses due to the intake of 1 Bq in the body) specified by the International Commission on Radiological Protection (ICRP) were used. However, Japanese people take in a lot of marine products and are said to have relatively larger amounts of stable iodine in the body. If this is the case, even if they take in radioactive iodine temporarily, the amount of radioactive iodine entering the thyroid would be smaller. However, such possibility was not taken into consideration and this is also one of the sources of uncertainties.
- Internal exposure through the intake of foods was estimated under assumptions that might lead to overestimation, such as that people had eaten only foods produced in Fukushima Prefecture and neighboring prefectures, which also causes uncertainties.

[Relevant parts in the reports]

- WHO Report on preliminary dose estimation (4.7 “Main sources of uncertainty and limitations” on pages 60 to 62, and 2.6.1 “Ingestion doses inside Japan” on pages 31 to 33)

Included in this reference material on March 31, 2015

Purpose

- To provide knowledge on the levels of radiation exposure due to the nuclear accident, and the associated effects and risks to human health and the effects on non-human biota
- To present estimates of radiation doses and discuss implications for health for different population groups inside Japan, as well as in some neighboring countries, in light of the UNSCEAR's previous scientific assessments
- To identify gaps in knowledge for possible future follow-up and research

The UNSCEAR 2013 Report “Volume I, Scientific Annex A: Levels and Effects of Radiation Exposure due to the Nuclear Accident after the 2011 Great East-Japan Earthquake and Tsunami” was prepared for the following purposes.

- To evaluate information, mainly from 2011 and 2012, on the levels of radiation exposure due to the nuclear accident, and the associated effects and risks to human health and the effects on non-human biota
- To present estimates of radiation doses and discuss implications for health for different population groups inside Japan, and to a lesser degree in some neighboring countries, using data and information available to UNSCEAR, and against the backdrop of UNSCEAR's previous scientific assessments of effects of radiation on health and the environment from all sources, including accidents
- To identify gaps in knowledge for possible future follow-up and research

On the other hand, the following two are cited as what was not intended by this Report.

- To identify lessons or address policy issues with respect to human rights, public health protection, environmental protection, radiation protection, emergency preparedness and response, accident management, nuclear safety, and related issues
- To provide advice to local governments, the Government of Japan or to national and international bodies

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraph 8 on page 26, Scientific Annex A (Japanese-language version)) (Original English version: paragraph 8 on page 27)

Included in this reference material on March 31, 2015

1. The assessment was based on measurement data as far as possible.
2. Doses that the public received for the first one year after the accident were assessed, targeting 20-year-old adults, 10-year-old children and 1-year-old infants.
3. Projections were also made of doses to be received over the first 10 years and up to age 80 years.
4. Models were used, with realistic assumptions, to provide an objective evaluation of the situation.
5. Protective actions taken during the first year were considered and the doses averted by them were estimated.

As indicated in the preface to the Report, at its fifty-eighth session in May 2011, the UNSCEAR decided to carry out, once sufficient information was available, an assessment of the levels of exposure and radiation risks attributable to the nuclear power plant accident following the Great East-Japan Earthquake and tsunami of March 2011. It was decided to mainly utilize prefectural data and government organizations' data released in Japan up to September 2012, and other data and documents provided by UN member countries other than Japan and by international organizations such as the International Atomic Energy Agency (IAEA) and the WHO. Additionally, new important information obtained by the end of 2013 was also taken into consideration to the extent possible.

"Chapter IV Assessment of doses to the public" of the UNSCEAR Report comprises the following.

A. Exposure pathways, B. Data for dose assessment, C. Overview of methodology for assessing public exposures, D. Results of dose estimation, E. Uncertainties, and F. Comparison with direct measurements and other assessments

"D. Results of dose estimation" shows the estimation results for effective doses and absorbed doses in specific organs for general public in Japan. The section consists of (i) doses in the first year for members of the public not evacuated, (ii) evacuees' doses, (iii) estimation of doses in Japan for exposure over future years, and (iv) estimation of doses in other countries.

Details of the estimation of public exposure doses will be explained in the following pages.

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 3 to 4 on page 25, and paragraph 12 on page 7, Scientific Annex A (Japanese-language version)) (Original English version: paragraphs 3 to 4 on page 25 and paragraph 12 on page 27)

Included in this reference material on March 31, 2015

Used measurement values, etc.

1. Internal exposure through inhalation and external exposure

- (i) Deposition densities of radioactive materials on the ground surface measured on earth and from aircraft
- (ii) Radioactivity concentrations in the air and on the ground surface estimated based on types and estimated amount of radioactive materials released from the reactor and through diffusion simulation

2. Internal exposure through ingestion

- Radioactivity concentrations in foods and drinking water
 - (i) First year: Measurement data for concentrations of radionuclides in distributing foods and drinking water
 - (ii) Second year onward: Radioactivity concentrations in foods estimated through simulation based on soil contamination data; For marine products, radioactivity concentrations in seawater estimated based on measurement data in the sea area off Fukushima Prefecture and through diffusion simulation of radionuclides
- Japanese people's food intake (based on the National Health and Nutrition Survey)

Out of the radioactive materials released due to the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS, Iodine-131, Cesium-134, and Cesium-137 are considered to have mainly contributed to people's exposure.

Doses can be assessed most reliably through the measurement using personal dosimeters in the case of external exposure and the measurement using whole-body counters in the case of internal exposure. Such data was partially available regarding the accident at the NPS but was not sufficient for calculating internal exposure doses for all people in Fukushima Prefecture as a whole and in other prefectures.

Therefore, the UNSCEAR conducted dose estimation based on the data indicated above and used other measurement data for verifying the calculation results.

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 67 to 78 on pages 46 to 48, Scientific Annex A (Japanese-language version) (Original English version: paragraphs 67 to 78 on pages 48 to 50), Appendix A, and "IV. TRANSPORT AND DISPERSION IN THE OCEAN" of Appendix B)

Included in this reference material on March 31, 2015

Area classification for dose assessment

Group	Area	Spatial resolution for public dose assessment
1	Settlements in Fukushima Prefecture where people were evacuated in the days to months after the accident	Representative locations were used for each settlement identified in 18 evacuation scenarios
2	Districts of Fukushima Prefecture not evacuated	District level for external and inhalation pathways, based on the estimates for each of the 1-km-grid points, averaged over the district Prefecture level for ingestion pathway
3	Selected prefectures in eastern Japan that were neighboring (prefectures of Miyagi, Tochigi, Gunma and Ibaraki) or nearby (prefectures of Iwate and Chiba) to Fukushima Prefecture	District level for external and inhalation pathways, based on the estimates for each of the 1-km-grid points, averaged over the district Estimated dose due to ingestion for Iwate Prefecture same as for Group 4; for other five prefectures was based on average for the five prefectures
4	All remaining prefectures of Japan	Prefecture level for external and inhalation pathways Average for rest of Japan for ingestion pathway

Public exposure levels differ by location, and evacuees changed their locations as time passed.

Therefore, the UNSCEAR classified areas into four groups for assessing public exposure doses and further narrowed down the targets depending on the exposure pathways. The table above shows the four groups classified by the UNSCEAR.

- Group 1: Settlements in Fukushima Prefecture where people were evacuated in the days to months after the accident
- Group 2: Districts of Fukushima Prefecture not evacuated
- Group 3: Selected prefectures in eastern Japan that were neighboring (prefectures of Miyagi, Tochigi, Gunma and Ibaraki) or nearby (prefectures of Iwate and Chiba) to Fukushima Prefecture
- Group 4: All remaining prefectures of Japan

There are 12 administrative districts classified into Group 1 in Fukushima Prefecture and 18 evacuation scenarios were prepared covering all these 12 districts immediately after the accident, which means that some districts were covered under multiple scenarios at the same time. Therefore, the term “settlement” is used in Group 1 to represent specific zones in a single district that were subject to respective evacuation scenarios.

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 79 to 80 on pages 48 to 49, Scientific Annex A (Japanese-language version) (Original English version; paragraphs 79 to 80 on pages 50 to 51), and paragraphs 30 to 32 on pages 155 to 156, Appendix C)

Included in this reference material on March 31, 2015

Figure V. Exposure pathways from releases of radioactive material to the environment



1. Move of radioactive plumes in the air
 - ✓ External exposure
 - ✓ Internal exposure (inhalation)
2. Deposition on the ground surface
 - ✓ External exposure
 - ✓ Internal exposure (re-suspension, inhalation)
3. Deposition on the ground surface, etc.
 - ✓ Internal exposure (transfer to foods and drinks)

Major exposure pathways to be assessed

- (i) External exposure from radioactive materials in plumes and internal exposure through inhalation thereof
- (ii) External exposure from radioactive materials deposited on the ground surface and internal exposure through ingestion of radionuclides that have transferred into foods and drinks
- (iii) Internal exposure through ingestion of radioactive materials that have transferred into marine products

In order to estimate exposure doses from radioactive materials released into the environment due to the accident, exposure modes are analyzed in the first place.

The figure above roughly shows exposure pathways in which radioactive materials move in the air in the form of a radioactive plume and reach people's residential areas. In this case, exposure occurs in the following two pathways: external exposure directly from a radioactive plume passing by and internal exposure through inhalation of radioactive materials in a plume.

Furthermore, when radioactive materials in a plume were deposited on the ground surface due to rain, etc., exposure occurs in the following two pathways. The first is external exposure due to radiation from radioactive materials deposited on the ground surface. The second is internal exposure through ingestion of agricultural products with deposited radioactive materials or ingestion of meat of livestock that ate such contaminated agricultural products. As exposure through ingestion of foods and drinks, the following two pathways are considered: internal exposure through ingestion of tap water or other drinking water containing radioactive materials and internal exposure through ingestion of fish into which radioactive materials that had moved into the ocean transferred.

There is also the possibility that radioactive materials deposited on the ground surface become re-suspended in the air and cause internal exposure through inhalation, but radiation effects through this exposure pathway are considered to be minor.

Given these, the major exposure pathways due to radioactive materials released into the air are as follows.

- (i) External exposure from radionuclides in the radioactive plumes
- (ii) Internal exposure from inhalation of radionuclides in the radioactive plumes
- (iii) External exposure from radionuclides deposited on the ground
- (iv) Internal exposure from ingestion of radionuclides in foods and water

[Relevant parts in the reports]

- UNSCEAR Report (prepared from paragraphs 65 to 66 on pages 45 to 46, Scientific Annex A (Japanese-language version) (Original English version: paragraphs 65 to 66 on pages 47 to 48), and paragraphs C3 to C7 on pages 148 to 149, Appendix C)

Included in this reference material on March 31, 2015

Table 1. Estimated average effective doses and absorbed doses to the thyroid by area for the first one year after the accident¹

Evacuated settlements					
Group		Effective dose (mSv)		Absorbed dose to the thyroid (mGv)	
		20-year-old (Adults) ²	1-year old (Infants)	20-year-old (Adults) ²	1-year old (Infants)
1 ^a	Precautionary Evacuation Areas ^b	1.1-5.7	1.6-9.3	7.2-34	15-82
	Deliberate Evacuation Areas ^c	4.8-9.3	7.1-13	16-35	47-83
Non-evacuated areas					
2	Fukushima Prefecture (other than evacuated settlements)	1.0-4.3	2.0-7.5	7.8-17	33-52
3	Neighboring prefectures ^d	0.2-1.4	0.3-2.5	0.6-5.1	2.7-15
4	Rest of Japan	0.1-0.3	0.2-0.5	0.5-0.9	2.6-3.3

^a Estimate evacuees' doses using 18 evacuation scenarios

^b Settlements where evacuation was ordered from March 12 to 15, 2011, as emergency protective measures to prevent high-level exposure

^c Settlements where evacuation was ordered from the end of March to June 2011

^d Iwate, Miyagi, Ibaraki, Tochigi, Gunma and Chiba Prefectures

*1: Estimation of doses for typical residents of evacuated settlements and other areas in Japan mSv: millisieverts mGy: milligrays

*2: Estimated doses for 10-year-old children are omitted here.

Reference: Estimation of the public doses in neighboring countries and the rest of the world: The UNSCEAR concluded that the average effective dose for people residing outside Japan for the first one year after the accident was lower than 0.01 mSv.

This table shows estimated effective doses and absorbed doses to the thyroid for the first one year after the accident for typical residents in evacuated settlements and residents in administrative districts other than evacuated settlements in Fukushima Prefecture and in other prefectures in Japan.

Doses in the table show doses added to background doses due to natural radiation, that is, estimated exposure doses from the radionuclides released into the environment due to the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS.

Ranges of doses show those of the representative values for each municipality in areas or for each evacuation scenario among targeted groups.

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 209 to 214 on pages 80 to 81, Scientific Annex A (Japanese-language version)) (Original English version: paragraphs 209 to 214 on pages 86 to 87)

Included in this reference material on March 31, 2015

- It is not likely that any significant changes attributable to radiation exposure due to the accident would arise in future cancer statistics.
- There is the possibility that thyroid cancer risks may theoretically increase among the group of children whose estimated exposure doses were at the highest level. Therefore, their situations need to be closely followed up and assessed.
- Congenital abnormalities and heritable effects are not detected.

Source: Prepared based on the UNSCEAR's "Facts sheet on UNSCEAR 2013 Report: Japanese (Evaluating Radiation Science for Informed Decision-Making)" (https://www.unscear.org/docs/publications/2016/factsheet_jp_2016_web.pdf)

The UNSCEAR assessed public health effects as indicated above based on its exposure dose assessment.

Assessment concerning risks of specific types of cancer and other diseases is as follows.

- Thyroid cancer: Most of the doses were in a range for which an excess incidence of thyroid cancer due to radiation exposure has not been confirmed. However, absorbed doses to the thyroid towards the upper bounds could lead to a discernible increase in the incidence of thyroid cancer among sufficiently large population groups. Nevertheless, the occurrence of a large number of radiation induced thyroid cancers in Fukushima Prefecture—such as occurred after the Chernobyl NPS Accident—can be discounted, because absorbed doses to the thyroid after the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS were substantially lower than those after the Chernobyl NPS Accident.
- Leukemia: The UNSCEAR considered the risk to those exposed as fetuses during pregnancy, and during infancy and childhood, and concluded that no discernible increases in the incidence of leukemia among those groups are expected.
- Breast cancer: The UNSCEAR considered the risk to those exposed at the stage of youth, and concluded that no discernible increases in the incidence of breast cancer among those groups are expected.
- Exposure during pregnancy: The UNSCEAR does not expect any increases in spontaneous abortion, miscarriages, perinatal mortality, congenital effects or cognitive impairment resulting from exposure during pregnancy, nor does it expect any discernible increases in heritable diseases among the descendants of those exposed from the accident at TEPCO's Fukushima Daiichi NPS.

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 220 and 222 to 224 on pages 82 to 83, Scientific Annex A (Japanese-language version)) (Original English version: paragraphs 220 and 222 to 224 on page 89)

Included in this reference material on March 31, 2015

1. Measurement levels of short-half-life radionuclides deposited on the ground surface and their spatial distribution by area
2. Changes in release rates of radionuclides over time and weather information at the time of their release
3. Particle sizes and chemical forms of radioactive iodine
4. Assumption of radioactivity concentrations in foods
5. Japanese people's thyroid iodine uptake rate

The UNSCEAR estimated public exposure doses from radioactive materials released due to the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS under certain assumptions based on insufficient knowledge and information, and therefore, it considers that the results contain certain uncertainties.

1. Uncertainties concerning measurements of radionuclides deposited on the ground surface
 - Uncertainties in measurement values of Cs-134 and Cs-137 are relatively small.
 - Regarding I-131, whose half-life is approx. 8 days, uncertainties are significant due to the fact that its radioactive decay had progressed before the measurement.
2. Uncertainties concerning changes in release rates of radionuclides over time and weather information at the time of their release
 - Estimation of doses for people who evacuated in March 2011 is based on the results of the Atmospheric Transport and Dispersion Model (ATDM) simulations.
 - As a result, the estimation results may be overestimated or underestimated by a factor of up to typically four to five.
3. Uncertainties affecting assessment of absorbed doses to the thyroid
 - There was no data on relative amounts of particulate and gaseous forms of I-131 in the air and the estimation was made under the assumption that equal amounts of iodine were released in particulate and gaseous forms. This resulted in an uncertainty of up to about a factor of two over the periods of the principal exposures.
4. Uncertainties concerning the assumption of radioactivity concentrations in foods
 - Foodstuffs were not sampled randomly, because the authorities gave priority to identifying foods with the highest concentrations. It was therefore likely that the values of average concentrations used for the assessment led to overestimation.
 - Assumptions concerning the pattern of food distribution and consumption (overestimation of the intake of foods produced in Fukushima Prefecture) were another source of uncertainty.
 - Measured radioactivity concentrations in foods below the detection limits were all assumed as 10 Bq/kg, and this led to overestimation of internal exposure through ingestion of foods for the first one year.
5. Uncertainties concerning Japanese people's thyroid iodine uptake rate
 - Japanese people's thyroid iodine uptake rate may be different from the standard model adopted by the ICRP (the level of uncertainties is smaller than those concerning the aforementioned four items and a possible reduction in exposure doses due to this factor is less than 30%).

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 110 to 115 on pages 57 to 58, Scientific Annex A (Japanese-language version) (Original English version: paragraphs 110 to 115 on pages 60 to 61), and C113 to C131 of "IV. Uncertainties" on pages 188 to 192, Appendix C)

Included in this reference material on March 31, 2015

Two sets of measurement information of radionuclides served as information sources for assessing public exposure doses.

- (i) Measured values of I-131 in the thyroid, especially in the thyroid of children
- (ii) Results of the whole-body monitoring of Cs-134 and Cs-137

1. The UNSCEAR's estimates of settlement-average absorbed doses to the thyroid from internal exposure were up to about five times higher than the corresponding values derived from direct monitoring of this group.
2. The results of the whole-body counting of more than 106,000 residents of Fukushima Prefecture were substantially lower than the UNSCEAR's estimates of average effective doses through inhalation and ingestion of Cs-134 and Cs-137.

The UNSCEAR Report suggests the possibility of certain overestimation in assumptions on protective measures and factors concerning dose measurements due to lack of information when estimating public exposure doses. This possibility was also confirmed in the comparison with the results of the measurement of absorbed I-131 to the thyroid conducted in Fukushima Prefecture after the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS and the whole-body counting of Cs-134 and Cs-137.

Data used for the comparison was as follows.

- (i) Absorbed doses to the thyroid due to internal exposure: Data for the thyroid monitoring carried out targeting 1,080 children aged between 1 and 15 years in Iwaki City, Kawamata Town and Iitate Village over the period from March 26 to 30, 2011, using hand-held dose-rate instruments
- (ii) Effective doses through internal exposure: Data for the whole-body counting targeting more than 106,000 residents of Fukushima Prefecture conducted as part of the Fukushima Health Management Survey, and data for the whole-body counting targeting 33,000 residents of Fukushima Prefecture and neighboring prefectures conducted by researchers from October 2011 to February 2012

As shown in the slide above, the UNSCEAR Report concludes as follows with regard to the comparison between its estimation and these direct measurements.

- Regarding (i) above, the UNSCEAR's estimates were up to about five times higher than the settlement-average absorbed doses obtained through direct measurements.
- Regarding (ii) above, the UNSCEAR's estimates were substantially higher than the results of direct measurements (direct measurement data is substantially lower than the UNSCEAR's estimates).

[Relevant parts in the reports]

- UNSCEAR Report (prepared based on paragraphs 116 to 118 on page 59, Scientific Annex A (Japanese-language version)) (Original English version: paragraphs 116 to 118 on page 62)

Included in this reference material on March 31, 2015

Even after the publication of the UNSCEAR 2013 Report, related pieces of scientific information have been disclosed and released. As such newly available information may affect the assessment results (confirmation of, objection to or enhancement of findings, or responses or contributions to identified research needs, etc.), the UNSCEAR conducts follow-up activities in two phases as follows.

Phase I: Ascertain and evaluate scientific information disclosed after the publication of the 2013 Report that has relevance to the content of the report, in a systematic and ongoing manner

Phase II: Consider an update of the 2013 Report at an appropriate time

The results of the follow-up activities are compiled as a white paper and a report. The UNSCEAR publicized three white papers by the end of 2017 and a report in March 2021.

* "Levels and Effects of Radiation Exposure due to the Nuclear Accident after the 2011 Great East-Japan Earthquake and Tsunami" (released in 2014)

New pieces of information that have been released since the publication of the UNSCEAR 2013 Report may affect the assessment results of the UNSCEAR (confirmation of, objection to or enhancement of findings, or responses or contributions to identified research needs, etc.). Therefore, the UNSCEAR conducts ongoing follow-up activities to collect and evaluate such pieces of information systematically. The results of the follow-up activities are compiled as a white paper and a report. The UNSCEAR publicized three white papers by the end of 2017 and a report in March 2021.

These White Papers fairly analyze new pieces of scientific information from the perspective of whether they materially affect the conclusions of the 2013 Report or whether they respond to research needs identified in the 2013 Report. A total of over 300 publications released since October 2012 was reviewed in these three White Papers.

Major subjects include the following.

- Release and diffusion of radioactive materials in the air and in water areas
- Transfer of radionuclides in land areas and freshwater environment (newly added in the 2016 White Paper)
- Evaluation of public exposure and occupational exposure
- Health effects on radiation workers and general public
- Doses and effects for non-human biota

Source:

- "Fukushima 2015 White Paper," UNSCEAR
https://www.unscear.org/unscear/en/publications/Fukushima_WP2015.html
- "Fukushima 2016 White Paper," UNSCEAR
https://www.unscear.org/unscear/en/publications/Fukushima_WP2016.html
- "Fukushima 2017 White Paper," UNSCEAR
https://www.unscear.org/unscear/en/publications/Fukushima_WP2017.html
- "2020 report," UNSCEAR
<https://www.unscear.org/unscear/en/publications/2020b.html>

Included in this reference material on March 31, 2017
Updated on March 31, 2021

The 2015 White Paper, 2016 White Paper and 2017 White Paper publicized so far concluded that there were no newly released publications that would materially affect the main findings in, or challenge the major assumptions of, the 2013 Report. These White Papers also selected and compiled publications that would contribute to research needs identified in the 2013 Report. The conclusions of the latest 2017 White Paper (publicized in October 2017) are summarized as follows.

Conclusions (from the Executive Summary of the 2017 White Paper)

- A large proportion of new publications that the UNSCEAR reviewed have again confirmed the main assumptions and findings of the 2013 Report.
- None of the publications have materially affected the main findings in, or challenged the major assumptions of, the 2013 Report.
- A few have been identified for which further analysis or more conclusive evidence from additional research is needed.
- On the basis of the material reviewed, the Committee sees no need, at the current time, to make any change to its assessment or its conclusions. However, several of the research needs identified by the Committee have yet to be addressed fully by the scientific community.

Source: "DEVELOPMENTS SINCE THE 2013 UNSCEAR REPORT ON THE LEVELS AND EFFECTS OF RADIATION EXPOSURE DUE TO THE NUCLEAR ACCIDENT FOLLOWING THE GREAT EAST-JAPAN EARTHQUAKE AND TSUNAMI; A 2017 white paper to guide the Scientific Committee's future programme of work," UNSCEAR

The 2015 White Paper and 2016 White Paper concluded that there were no newly released publications that would materially affect the main findings in, or challenge the major assumptions of, the 2013 Report.

The latest 2017 White Paper publicized in October 2017 also concluded that a large proportion of new publications that the UNSCEAR reviewed have again confirmed the main assumptions and findings of the 2013 Report and that none of the publications have materially affected the main findings in, or challenged the major assumptions of, the 2013 Report.

On the other hand, the 2017 White Paper suggests that some publications may potentially challenge the findings of the 2013 Report but states that there are questions over some of the data presented therein that need to be resolved before definitive conclusions can be drawn.

Additionally, it is pointed out that several of the research needs identified in the 2013 Report have yet to be addressed fully as peer-reviewed documents by the scientific community.

On the basis of the material reviewed, the Committee found no need to make any change to its most important conclusions of its 2013 Report, as of the time of the publication of the 2017 White Paper.

[Relevant parts in the reports]

- UNSCEAR 2017 White Paper (extracted from paragraphs 137 to 143 on pages 33 to 37 of the Japanese-language version) (Original English version: paragraphs 137 to 143 on pages 34 to 38)

Included in this reference material on March 31, 2017

Updated on February 28, 2018

- The UNSCEAR published the UNSCEAR 2020 Report in March 2021.
- This report compiles all related scientific knowledge published by the end of 2019 and evaluates the impact of the relevant knowledge on the UNSCEAR 2013 Report.

UNSCEAR 2020 Report:

Titled "Levels and effects of radiation exposure due to the accident at the Fukushima Daiichi Nuclear Power Station: implications of information published since the UNSCEAR 2013 Report"

< Major conclusions (cited from the UNSCEAR's press release) >

- Overall, the 2020 Report broadly confirms the major findings and conclusions of the UNSCEAR 2013 Report.
- The updated dose estimates to members of the public have either decreased or are comparable with the Scientific Committee's previous estimates. The Committee therefore continues to consider that future health effects directly related to radiation exposure are unlikely to be discernible.
- The Scientific Committee has also assessed the incidence of thyroid cancer that could be inferred from the estimated radiation exposure and concluded that this is not likely to be discernible, in any of the age groups considered, including to children and those exposed in utero to radiation.

Source: Prepared based on the following:

- UNSCEAR press release (in Japanese) "10 years following the Fukushima Daiichi Nuclear Power Station accident: No increase in the incidence of radiation-associated cancer is predicted" (2021) (https://www.unscear.org/docs/publications/2020/PR_Japanese_PDF.pdf)
- UNSCEAR website "Fukushima Daiichi Nuclear Power Station Accident: Outline" (<https://www.unscear.org/unscear/en/fukushima-japanese.html>)

The UNSCEAR 2020 Report aims to compile all related scientific knowledge published by the end of 2019 (scientific knowledge concerning levels and effects of radiation exposure due to the accident at the Fukushima Daiichi Nuclear Power Station) and evaluate the impact of the relevant knowledge on the UNSCEAR 2013 Report. The UNSCEAR published this report in March 2021 and concluded that "overall, the 2020 Report broadly confirms the major findings and conclusions of the UNSCEAR 2013 Report."

In this report, the UNSCEAR conducted improved model calculations based on additional observation data and more comprehensive knowledge on Japanese people's actual diet and behavior, and reviewed its dose assessments. As a result, the UNSCEAR concluded that "dose estimates to members of the public have either decreased or are comparable with the Scientific Committee's previous estimates," and maintained its view that "future health effects directly related to radiation exposure are unlikely to be discernible." In the report, the UNSCEAR assessed the incidence of thyroid cancer that can be inferred from the estimated exposure and stated as follows.

- It is concluded that thyroid cancer incidence is unlikely to be discernible in any age group of the subjects including children and those who were exposed in utero.
- In light of the evidence published so far, the UNSCEAR considers that the reason for a substantial number of thyroid cancers detected among exposed children (in comparison with the prediction) is not associated with radiation exposure, but rather a result of the application of highly sensitive ultrasound screening procedures, merely revealing the prevalence of thyroid abnormalities in the population not previously recognized.

The report also mentions that "in the general public, there has been no credible evidence of excess congenital anomalies, stillbirths, preterm deliveries or low birthweights related to radiation exposure."

Included in this reference material on March 31, 2022