Dose Measurement and Calculation

Various Measuring Instruments



Ge Semiconductor Detector Used to measure radioactivity in foods or soil; Effective in measuring low levels of radioactivity concentrations



Integrating Personal Dosimeter Worn on the trunk of the body for 1-3 months to measure cumulative exposure doses during that period



Nal (TI) Food Monitor Suitable for efficient radioactivity measurement of foods, etc.





Assess accumulation of y-ray nuclides

Whole-body Counter

in the body using numerous

scintillation counters or the like

Electronic Personal Dosimeter Equipped with a device to display dose rates or cumulative doses during a certain period of time and thus convenient for measuring and managing exposure doses of temporary visitors to radiation hancling facilities

While radiation is not visible to the human eye, it is known to cause ionization and excitation (p.45 of Vol. 1, "Principles of Radiation Measurement"), and a variety of measuring instruments using these effects have been invented for different purposes and applications. The measuring instruments shown above all utilize the excitation effect.

To measure radioactivity concentrations in foods and soil, measuring instruments wherein a germanium detector (Ge detector) or a Nal (Tl) detector that can measure γ -ray spectra is installed in a lead shield are used. Ge detectors are excellent in γ -ray energy resolution and suitable for determining traces of radioactive materials. Nal (Tl) detectors are not as excellent as Ge detectors in terms of energy resolution but are easy to handle and have relatively high detection efficiency, so they are widely used in food inspection.

Also commercially available are whole-body counters that use numerous scintillation counters or Ge detectors worn on the body to assess accumulation of γ -ray nuclides in the body, as well as integrating personal dosimeters and electronic personal dosimeters for managing personal exposure. In particular, after the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS, a variety of electronic personal dosimeters have been invented to allow easy monitoring of information on exposure at certain time intervals.

(Related to p.60 of Vol. 1, "Instruments for Measuring Internal Exposure")

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