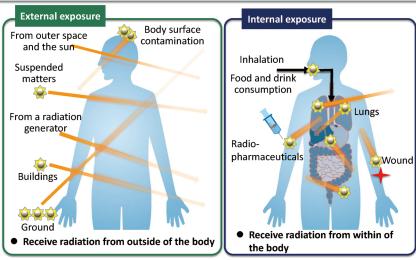
Internal and External Exposure



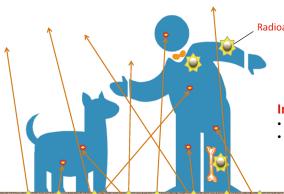
The body is equally exposed to radiation in both cases.



Various Forms of Exposure

External exposure

- · Whole-body exposure
- Local exposure (e.g. exposure by X-ray examination or local body surface contamination)

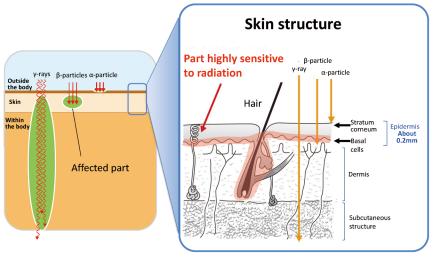


Radioactive materials

Internal exposure

- Whole-body exposure
- Local exposure (e.g. exposure from the thyroid taking in radioactive iodine)

External Exposure and Skin



Internal Exposure

Radioactive material

(i) Ingestion

From the mouth (swallowing) Absorption through the digestive tract

(ii) Inhalation

Incorporation from the respiratory airways

Absorption from the lungs and the surface of the airways

(iii) Percutaneous absorption

Absorption from the skin

(iv) Wound contamination

Contamination from a wound

(v) Intake of

radiopharmaceuticals

Injection, oral administration (\rightarrow (i)) Inhalation of gas (\rightarrow (ii))

Inhalation or ingestion Radioactive materials within the body decay as they emit radiation Nose within the body. Thyroid Mouth From the skin Lungs Radiopharmaceuticals They may Wound accumulate in some specific organs.

They are gradually excreted

in the urine and feces.

Internal Exposure and Radioactive Materials

The characteristics of radioactive materials that especially cause problems in internal exposure

- (i) α -emitters > β -emitters or γ -emitters
- (ii) Materials that enter easily but are difficult to excrete
- (iii) Materials that are likely to accumulate in specific organs

Radioactive materials