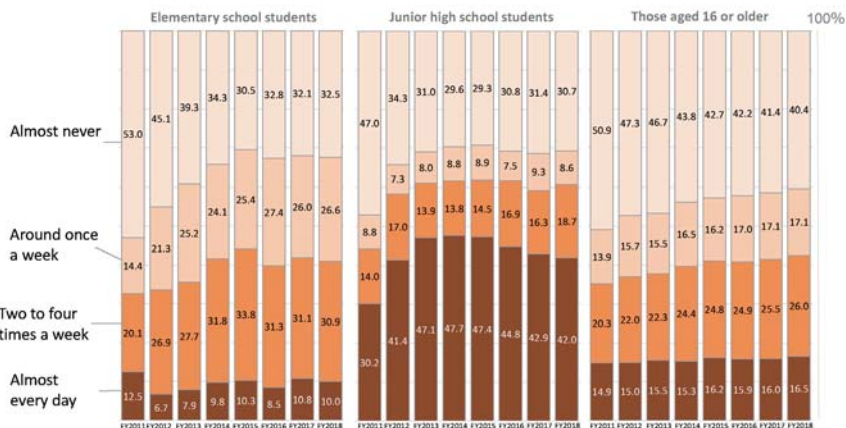


[Percentages concerning daily exercises]



Prepared based on the material for the 38th Prefectural Oversight Committee Meeting for Fukushima Health Management Survey

Not only adults (aged 16 or older), but also elementary school students and junior high school students have come to have more chances for exercises, showing an improving trend. However, no significant change was observed in FY2018, compared with the level in FY2017.

In particular, exercises are considered to exert a significant influence on the growth of elementary school students and junior high school students, and exercise habits are also very important for adults for improving their mental health and preventing lifestyle-related diseases.

Included in this reference material on March 31, 2016

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