Comprehensive Health Checkup

Comprehensive Health Checkup: Outline (1/2)

Age group	Check items
Aged zero to 6 (babies and preschoolers)	Body height [Only when requested] Blood count; fred blood cell count, hematocrit, hemoglobin, platelet count, white blood cell count, and differential white blood cell count)
Aged 7 to 15 (first to ninth grade students)	Body height, weight, blood pressure, and blood counts (red blood cell count, hematocrit, hemoglobin, platelet count, white blood cell count, and differential white blood cell count) [Only when requested] Blood blochemistry (AST, ALT, Y-GT, TG, HDL-C, LDL-C, HbA1c, blood sugar, serum creatinine, and uric acid)
Aged 16 or older	Body height, weight, abdominal girth (or BMI), blood pressure, and blood counts (red blood cell count, hematocrit, hemoglobin, platelet count, white blood cell count, and differential white blood cell count) Urinalysis (protein, glucose and blood) Blood blochemistry (AST, ALT, y-GT, TG, HDL-C, LDL-C, HbA1c, blood sugar, serum creatinine, eGFR, and uric acid) * Items in red letters are additional items that are not ordinarily checked in the specified health checkups
or Evacuation-Prepare vacuation as of 2011 Checkup as a result of = The entire areas of	egistered at any of the municipalities designated as Restricted Areas, Deliberate Evacuation Areas ed Areas in Case of Emergency or at any of the areas containing Specific Spots Recommended for .(approx. 210,000 people) and residents who were found to require the Comprehensive Health f the Basic Survey Tamura City, Minamisoma City, Kawamata Town, Hirono Town, Naraha Town, Tomioka Town, Jkuma Town, Futaba Town, Namie Town, Katsurao Village and litate Village, and parts of Date City)
	Prepared based on the website of the Radiation Medical Science Center for the Fukushima Health Management Surve

Check items for all age groups are decided so that each of the residents residing in covered areas can ascertain their own health conditions and obtained data can be utilized for the prevention and early detection and treatment of lifestyle-related and other diseases.

Based on the check items for the Specific Health Checkup targeting people aged 16 or older, ordinary health checkups are conducted by adding other necessary items, such as blood counts (those in red letters).

The Comprehensive Health Checkup covers people who were residing in any of the municipalities designated as Restricted Areas, Deliberate Evacuation Areas or Evacuation-Prepared Areas in Case of Emergency or in any of the areas containing Specific Spots Recommended for Evacuation^{*1} at the time of the accident at Tokyo Electric Power Company (TEPCO)'s Fukushima Daiichi NPS.

*1: The entire areas of Tamura City, Minamisoma City, Kawamata Town, Hirono Town, Naraha Town, Tomioka Town, Kawauchi Village, Okuma Town, Futaba Town, Namie Town, Katsurao Village and litate Village, and parts of Date City

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