Psychological Care

Reference Materials on General Psychological Care (2/3) Post-Disaster Care to Children

	Title	Purpose and Target	Issued by	Issued in	URL
(i)	Child-friendly Space Guidebook, Part 1 (Key concepts)	Purpose: To create a space where children can stay safe with peace of mind in an emergency and explain how to make preparations therefor and actual procedures to be followed Target: Children	(Public Interest Incorporated Foundation) UNICEF Japan National Center of Neurology and Psychiatry, National Information Center of Disaster Mental Health	Updated in December 2016	https://www.unicef.or.jp/kin kyu/japan/pdf/cfs.pdf
(ii)	To Those who Support Child Disaster Victims - About Acute Psychological Support-	Purpose: To provide psychological support to children immediately after the disaster Target: Children	The Japanese Society for Child and Adolescent Psychiatry, Disaster Contingency Planning Committee	March 2011	http://saigai- kokoro.ncnp.go.jp/documen t/pdf/mental_info_childs_02 .pdf
(iii)	To Those who Support Child Disaster Victims - About Mid- and Long-term Psychological Support -	Purpose: To provide mid- and long-term support to child disaster victims Target: Children	The Japanese Society for Child and Adolescent Psychiatry, Disaster Contingency Planning Committee	Juy 2011	http://child-adolesc.jp/wp- content/uploads/tebiki_chu uchouki.pdf
(iv)	Guideline on How to Deal with Disabled Children after a Disaster	Purpose: To deal with physical, psychological and behavioral issues in supporting disabled children after a disaster Target: Disabled children and their guardians	The Japanese Society for Child and Adolescent Psychiatry	March 2011	http://saigai- kokoro.ncnp.go.jp/documer t/pdf/mental_info_handicas ped_child.pdf

The table shows reference materials on general psychological care for disasters, mainly on child care.

- (i) is an emergency guidebook. It is directed to staff of evacuation centers, private organizations and municipalities, as well as people in the fields of medicine, welfare, and education, and summarizes what should be understood and basic strategies to keep in mind when creating a space where children can stay safe with peace of mind. Additionally, it provides examples of preparations necessary for creating a child-friendly space and actual procedures to be followed.
- (ii) and (iii) show how to provide psychological care to children, immediately after a disaster (ii) and over mid- and long-terms (iii), directed to nurses, public health nurses, psychologists, and school nurses.
- (iv) is a guideline on how health and medical personnel support disabled children. It summarizes how to deal with physical, psychological, and behavioral issues. It also contains how to support guardians.

Included in this reference material on March 31, 2015 Updated on March 31, 2019