

Pregnancy and Birth Survey: What Has Become Clear (2/2)

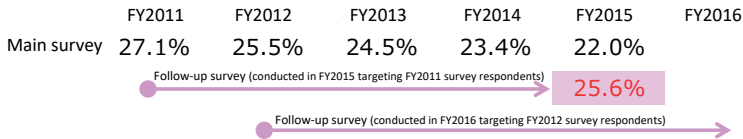
Latest Survey Results: <http://www.pref.fukushima.lg.jp/site/portal/kenkocoyosa-kentoiinkai.html> (in Japanese)

[Changes in pregnant women's depressive tendencies]

The percentage of respondents who replied that they tend to feel depressed and/or that they are not interested in things



Pregnant women's depressive tendencies have been weakening gradually but are still strong.



[Changes in percentage of respondents who answered "Yes" to the question "Are you considering another pregnancy?"]

Nationwide survey	Pregnancy and Birth Survey					
	FY2010	FY2012	FY2013	FY2014	FY2015	FY2016*
	51.0%	52.9%	52.8%	57.1%	53.3%	55.4%

Percentage of respondents who are married for less than 10 years and plan to have a child in the nationwide survey, "Fourteenth Japanese National Fertility Survey in 2010" (when having any children already)

* The 2011 survey did not contain the relevant question.

* Provisional values (as of March 31, 2017)

Prepared based on the material for the 27th Prefectural Oversight Committee Meeting for Fukushima Health Management Survey

For questions concerning pregnant women's depressive tendencies, respondents who replied that they tend to feel depressed and/or that they are not interested in things have been decreasing but such tendencies are still strong.

According to the "Healthy Parents and Children 21" (a national campaign to promote improvement of health standards of mothers and children), the percentage of postnatal depression evaluated using the Edinburgh Postnatal Depression Scale was 9.0% in 2013. On the other hand, that percentage using the same scale and calculated from the results of the FY2016 Pregnancy and Birth Survey (provisional values) was 11.2%, higher than the national average.

The FY2016 Pregnancy and Birth Survey (provisional values) also revealed that respondents considering another pregnancy accounted for 53.3%. Since the FY2012 survey, more than half of the respondents wish to have more children. For reference, according to the Fourteenth Japanese National Fertility Survey in 2010, respondents who are married for less than ten years and plan to have a child accounted for 58% (or 51% among those who already have any children).

Included in this reference material on March 31, 2015

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