

[Outline]

In order to promote the prevention and early detection and treatment of lifestyle-related diseases throughout a lifetime, Fukushima Prefecture now offers a health checkup for residents who have not been covered by the existing systems and have not received health examinations or checkups.

[Coverage]

Residents aged approximately 19 to 39 who are residing anywhere outside the Evacuation Areas, etc. and have no opportunity to receive health examinations or checkups under the existing systems (i.e., those covered by the national health insurance program and dependents of those covered by the social insurance program, etc., excluding students)

[Check items]

Body height, weight, BMI, blood pressure, urine test (uric protein and uric sugar), blood biochemistry (AST, ALT, γ -GT, TG, HDL-C, LDL-C, HbA1c, and fasting (or non-fasting) blood sugar)

Prepared based on the material for the 22nd Prefectural Oversight Committee Meeting for Fukushima Health Management Survey

This is the system newly established as part of the Fukushima Health Management Survey for the purpose of offering a health checkup to residents who have not been covered by the existing systems and have not received health examinations or checkups, thereby promoting and maintaining good health and the possibility of healthy longevity for residents of Fukushima Prefecture.

*1 Health examinations and checkups under the existing systems:

- Health examinations based on the Industrial Safety and Health Act (periodic health examinations, etc.)
- Health checkups for students based on Article 13 of the School Health and Safety Act
- The Comprehensive Health Checkup conducted by Fukushima Prefecture, targeting residents of the Evacuation Areas, etc. (*2), under the framework of the Fukushima Health Management Survey (the Comprehensive Health Checkup with additional check items)

* 2 Evacuation Areas, etc.:

The entire areas of Tamura City, Minamisoma City, Kawamata Town, Hirono Town, Naraha Town, Tomioka Town, Kawauchi Village, Okuma Town, Futaba Town, Namie Town, Katsurao Village and Iitate Village, and parts of Date City (the areas containing Specific Spots Recommended for Evacuation)

Included in this reference material on March 31, 2016

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