

Thyroid Examination: Cysts

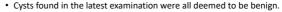
A cyst, which resembles a bag filled with fluid, is generally benign, and is often found even in healthy people.

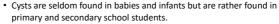


Cysts are generally benign, but those of 20 mm or larger may cause a feeling of pressure in the throat and fluid in a cyst is sometimes withdrawn.



- Cysts often change in size or number.
- Many people have multiple cysts, and the estimated size of the largest one is told to each examinee in this examination.
- Cysts consisting only of fluid and containing no cells are not cancerous.







Prepared based on the website of the Radiation Medical Science Center for the Fukushima Health Management Survey,
Fukushima Medical University, "Q&A on the Thyroid Examination"

Cysts identified in the Thyroid Examination being conducted in Fukushima Prefecture are considered benign, consisting only of fluid and containing no cells. They are often found even in healthy people, especially among primary and secondary school students. Therefore, repeated examinations often find cysts as children grow up.

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