



Source: Prepared based on Cancer Causes Control 1996.7.555-558

We are surrounded by various cancer causes in our lives. The pie chart above provides U.S. data, which gives an idea that foods and smoking habits are closely associated with the development of cancer. As there are already these negative factors, it is best to avoid radiation exposure from a biological viewpoint.

It may be possible to refuse X-ray examinations or avoid taking flights, but that would make early detection of diseases impossible and make life inconvenient, and such efforts would not dramatically reduce the risks of developing cancer due to the existence of various cancer-causing factors other than radiation in our lives.

(Related to p.96 of Vol. 1, "Risks of Cancer (Radiation)," and p.97 of Vol. 1, "Risks of Cancer (Life Habits)")

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