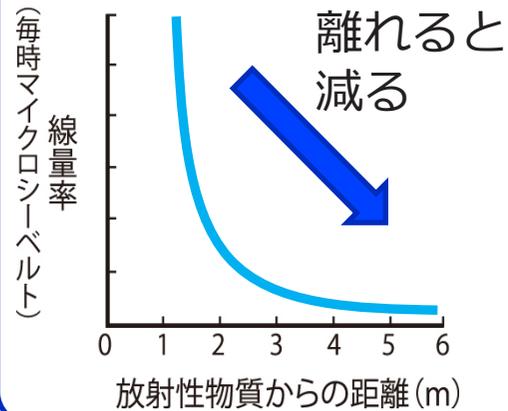
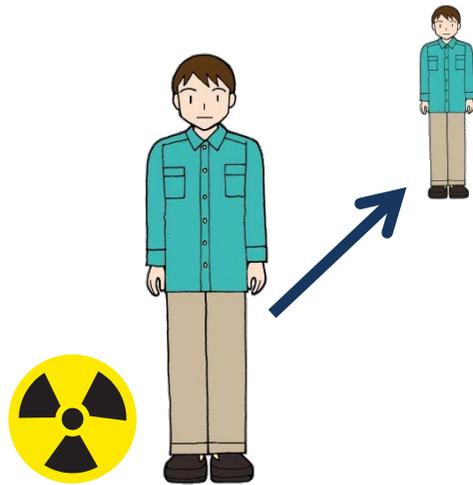
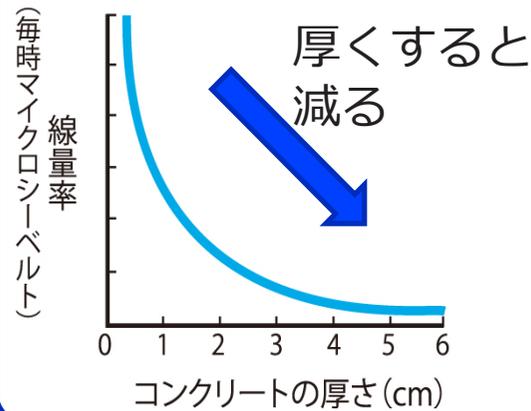
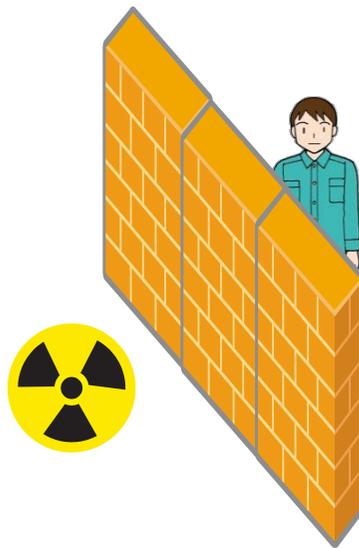


# 外部被ばくの低減三原則

## ① 離れる (距離)



## ② 間に重い物を置く (遮へい)



## ③ 近くにいる時間を短く (時間)

