POINT 01.

1. Wear a mask
2. Wear gloves
3. Wear a long-sleeved shirt and pants

POINT 02.

1. Do not touch your face
2. Wash your hands
"3 Cs": Closed spaces, Crowded places, and Close-contact settings

POINT 03.

Hand washing: Regularly wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer when soap and water are not available.

Sanitizing: Regularly clean and sanitize frequently touched surfaces and objects, such as doorknobs, light switches, and countertops.

Wear a mask: Wear a mask in public settings and when indoors in public settings where other mitigation measures are difficult to maintain.

The image also contains a QR code with additional information and resources.